focus on community

Issue 52
September 2026

Long Bay, Okura and Torbay



David and Marie Gray celebrate 70 years of marriage

See page 3 for full story



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Local couple celebrate their 70th Wedding Anniversary

Marie and David Gray were married in Napier on 11 August 1956, after meeting at Napier Hospital. David was a Junior doctor and Marie was a Tutor sister. Their 70th wedding anniversary was celebrated with most of the family at their home and at Sir Peter Blake Marine Education and Recreation Centre (MERC).

Marie (nee Magill) is of Irish descent, and David is of Scottish descent. David was born in India of missionary parents, his father was the Very Rev JL Gray, minister at the original St Mary's By-the-Sea Presbyterian Church (about where the Torbay chemist is now).

Marie and David had 2 daughters in NZ, then in 1959 went to Immanuel Hospital in Bandung Indonesia, as medical missionaries for the next 12 years. They returned to Torbay in 1971, with 6 daughters and opened a General Practice in Torbay for the next 18 years.

Since living in Torbay, David founded Sir Peter Blake MERC, and Marie wrote 7 books (which artist David illustrated). The family was actively involved in the local churches, and sailed a variety of yachts. This included David sailing twice around the North Island and





once around New Zealand.

Dr David and Nurse Marie retired from General Practice and have both continued to be actively involved in the local church and community.

Most recently, David instigated the Restore Deep Creek group which aims to bring Waiake Stream back to its former glory and celebrate the history of the area, being one of the resting places of the Tainui Canoe. The Auckland Council is now creating a history walk in response to this interest and prioritised the clean-up and sustainability of the Waiake Creek from Deep Creek Road.

Marie and David live now at Aria Bay Retirement Village, Browns Bay, in the Care Centre at Level 2. They have rooms side by side and their love story continues! Marie is 97 and David 95. We are lucky to have a couple in our area dedicated to helping care, restore and build a future for our community.







Content of this magazine.

If you have any editorial ideas or unusual photos please send to editor@focusoncommunity.co.nz

Cost of advertising.

Almost 7000 copies of this magazine are delivered to homes in Long Bay, Torbay and Okura by our private delivery team. Because it is a community magazine we are allowed to post into no junk mail boxes.

9.2 cms x 4.2 cms box $130 + gst

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We offer a free design service.

Please contact Carole on 473 3259 or email editor@focusoncommunity.co.nz

Delivered to 7,000 homes and businesses in Okura, Long Bay, Torbay and Waiake monthly.

editor's letter

On the 6th September New Zealand celebrates Father's Day.

Father's Day was first celebrated in the US in 1910 and the first time Father's Day was celebrated in New Zealand was at Saint Matthew's Church in Auckland in 1929. Since then it has been an annual event. Finding gifts to give to your Dad, on his special day, can sometimes be a challenge. If he is super active, then a sky dive or bridge walk but most will probably get aftershave! For him though the most important part of the day will be that you remembered him, either with a card, phone call or visit.

For some Father's Day is a painful time because Dad no longer lives with the family or has died, so it is important to make sure Dad knows you love him and care about him while you are able to do so.

On the cover we have a photo of David and Marie Gray as they celebrate 70 years of marriage.

What an achievement.

David as a doctor and Marie a nurse served over a decade in Indonesia as missionary medics.

When they returned to New Zealand they settled in Torbay to raise their family of 6 daughters.

David was very active in the setting up of MERC and public spaces and reserves while Marie is known for writing the local history book "And then came the Bridge" in collaboration with others

They have made a huge contribution to Torbay in the work they have done, and we are very grateful to them for that.



May they celebrate many more happy years together.

Have a great September!

Carole McMinn, Editor



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From Papers past



Before Glenvar Ridge Road was formed archaeologists had to find what the area had been used for and they were able to confirm what we knew. Brenda Jones has given us a lot or research into the area.

'The Glen Var wine company was started because the tobacco growing had become unprofitable as exporting had dropped from one shilling a pound to sixpence a pound. To utilise the facilities used for the tobacco growing it was decided to try vine growing and wine making. This was fortified wine.....Maybe because of the Temperance Movement (1881 – 1892) the advertising of the wine was very much that it was a good drink for women and had medicinal properties.'

The photo shows Glenvar Road (1980) before the formation of the Ridge Road.



3 November 1892 Auckland Star
'Concert and Dance in aid of the funds for St. Mary's Church by the Sea Long Bay tomorrow Friday. The SS Maori will convey passengers to and from Long Bay.

2 December 1892 New Zealand Herald
On November 4 a new hall at Long Bay, the property of Captain Smith of Glen Var, was opened by a concert and dance. The hall is a lofty, spacious, and tastefully decorated, building some 50 feet bay 20 feet. The opening concert was varied, and the several pieces performed with satisfaction, the evenings proceedings being concluded with a dance.'

President – Bill Ellis Secretary: Barbara Ellis - 473 6482
Email: thsinc22@gmail.com
Website: torbayhistoricalsociety.n8.nz

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Wendy's update

Peter Thompson reported sales and prices remained consistent with where they were in May and June in the Auckland housing market - a good solid months trading and left the market in good shape as we head into the spring months.

We are still experiencing a low amount of property for sale in our area – for owners who are thinking of selling buyers are active!

Are you thinking of selling? Now is the perfect time to plan ahead and get your home ready for Spring. Having lived locally for more than 40 years and specializing in selling Real Estate in the Torbay/Waiake area for over 25 years, I offer strong local knowledge and experience of selling in all market trends. Give me a call for a chat and an obligation free appraisal,

Kind regards, Wendy

Torbay/Waiake July 2026

FOR SALE
72
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SOLD
20
PROPERTIES SOLD

$710,000
LOWEST VALUE SALE

$1,679,888
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Wendy Radcliffe
021 772 070
w.radcliffe@barfoot.co.nz

Champion Bakers - again!

In the Bakel Pie Awards 2026 held on 4th August Euro Patisserie, in Torbay, was recognised as being the amazing bakery that they are.

The crowning achievement, as we featured last month, was winning the Apprentice of the year award.







Over 600 bakeries throughout the whole of New Zealand take part in these awards and to win anything is such an achievement. Every year they are up there winning awards for their wonderful pies.

They received:

- 2nd for bacon and egg pie
- 3rd for steak and cheese
- 6th for vegetarian
- 9th for chicken and vege
- 9th for mince and cheese

Let's give a cheer for this hardworking bakery and we wish them well.



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Who knew mountains can be made of sugar!

Our Year 6 students at Long Bay Primary have officially morphed into budding entrepreneurs as they dive headfirst into their unit of work this term called Making It Work: Understanding the Marketplace.

To see supply chains and production in action, the students recently embarked on an exciting trip to explore how raw materials become the finished goods we buy every day. They went to visit the Chelsea Sugar Refinery in Birkenhead to see what goes on there. A major highlight of the trip was marvelling at the massive sugar mountain, unloaded straight off ships, and spotting a giant industrial crane that looked remarkably like a pair of oversized kitchen tongs!



Channelling their inner Masterchef, the students turned that very sugar into delicious chocolate chip cookies in the Chelsea kitchen. They also put their tastebuds to the test during an interactive liquid sugar tasting, sampling everything from delightfully sweet syrups to surprisingly sharp, not-so-tasty variations. It was a delicious, real-world lesson in how raw resources are refined and transformed for consumers.

Beyond the sugar high, the experience sparked rich classroom discussions around the roles of producers and consumers, pricing strategies, and the systems that keep marketplaces running smoothly. Students are now applying these concepts to their upcoming project, "Market Makers", where they will run their very own school marketplace later in the term.

Our Year 6 innovators are currently busy researching target audiences, writing product proposals, tracking material costs, and designing persuasive advertising campaigns. On Market Day towards the end of the term, they will set up stalls to sell their own unique creations, managing real customer interactions and financial systems.

By the time they have finished it will feel like our Year 6 students will have starred in both Masterchef and Dragons Den. We are looking forward to seeing which experience they enjoy the most.





Spring HAS SPRUNG!

Contact us for a no-obligation appraisal to find out your property's value in the current market.

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MP for East Coast Bays

Minister of Education

Minister of Immigration

Lead Coordination Minister for the Government's Response to the Royal Commission's Report into Historical Abuse in State Care and in the Care of Faith-based Institutions













2 Ticks Blue

PARTY VOTE NATIONAL

Authorised by E Stanford | office@ecbnational.org.nz

Education Portfolio Highlights

I have worked hard to put ambition and achievement back at the heart of our education system, so Kiwi kids are set up for success. That starts with Teaching the Basics Brilliantly, and it is my mission to close the equity gap and ensure every child receives the best education possible, no matter where they live.

- Implemented one hour each day of reading, writing, and mathematics in every classroom.
- Banned cell phones in classrooms.
- Introduced Learning Support Coordinators.
- Completely updated the primary school curriculum.
- Committed to replacing NCEA with a new national qualification.
- Introduced a new Teacher Bonding Scheme.
- Ended the construction of open-plan classrooms.
- Removed the financial burden of teacher registration fees.
- Funded solar power installations for 500 schools across New Zealand.
- Provided a full suite of phonics books in Te Reo Māori.
- Updated the Science and Social Sciences curricula.
- Introduced new subjects that strengthen connections between industry and the classroom.
- Expanded the School Onsite Training Programme.
- Upgraded 800 small and remote schools.
- Expanded the New Zealand-developed ENRICH programme.
- Increased funding for Rockquest and school choirs.
- Fully funded nearly 1,400 new classrooms.
- Doubled the number of Trades Academy places from 10,000 to 20,000.
- Strengthened assessment and reporting requirements.
- Launched the Parent Portal.
- Funded specialist schools in Palmerston North and South Auckland.

Immigration Portfolio Highlights

I have also delivered significant reforms to immigration settings, introducing new visa pathways to boost tourism, address critical skill shortages, and attract billions of dollars in investment through the 'Golden Visa'.

- Delivered a Fairer Parent Resident Visa process.
- Modernised the Recognised Seasonal Employer (RSE) scheme.
- Increased resources to combat migrant exploitation.
- Extended the English language requirement to AEWV skill level 3 roles.
- Made improvements to the Pacific Visitor Visa settings.
- Implemented the Active Investor Plus visa.
- Delivered the Business Investor Visa.
- Boosted tourism with visa-free travel for Chinese visitors via Australia.
- Implemented new residence options to bolster workforce.
- Strengthened deportation settings and compliance.
- Introduced two new seasonal work visa pathways.
- Added trades occupations to the Green List.
- Introduced the Parent Boost Visa to help reunite families.



National

Why choose us for your child?

We have an extremely stable team of 14 qualified teachers with a combined 120+ years of experience.





Sustainability:
We have a Zero Waste award as a result of focussing on children engaging with nature in our gardens (no plastic grass here), as well as sustainable natural resources, eco nappies and a bokashi system for food waste.

We do not offer big enrolment discounts as we believe quality is worth so much more. Over time you will save money through our all inclusive approach, our holiday/ sick day discounts and not paying fees for public holidays. We were awarded "Excelling" in all areas in our last Education Review Office report.



Children's Ark 282 Glenvar Road, Torbay

www.childrensark.co.nz

09 473 0242

Torbay Garden Club



Torbay Garden Club's flower-decorated stall at the Active Ageing Expo in Brown's Bay attracted much interest, resulting in several new members for our club. There were multiple entries for the beautiful orchid, won by Sarah Bird.

We lost a valued past member of our club in late July with the sudden passing of Georgie Maurice. Georgie was a diligent Show Steward and served as secretary for 13 years before retiring in 2020.
A minute's silence was held at our August meeting.

The Camellia was our flower of the month with some exquisite blooms on show. Originating in China and Japan, the Camellia was often given to express passion or fondness, while also expressing perfection and elegance. These latter traits were definitely displayed in our beautiful exhibits.

Neil Davies from the Shakespear Open Sanctuary Society (SOSSI) was guest speaker. Established in 2010 with the construction of a predator-proof fence, this sanctuary is now home to many native bird and insect species.
A native plant nursery opened in 2012, and 15,000 trees are now planted annually by volunteer groups. There are four main habitats in this sanctuary: forestry, pasture, wetlands and coastal. These provide an amazing range of activities including bush walks, cycle trails, camping, water activities and wild life photography. Neil highlighted these diverse habitats and also the variety of native birds, flora and fauna now making their home here. Neil is a ranger on Tiritiri Matangi wildlife sanctuary, and many





birds have been reintroduced from there. Tens of thousands of hours are contributed by volunteer teams propagating and planting native species, pest trapping and general maintenance of these valuable environments. We are proud to have made SOSSI our charity for this year.

Our Spring Show is held on Wednesday 2nd September in the Torbay Community Hall with viewing from 12pm to 2pm. Anyone can enter exhibits from their garden, so 'have a go!' All details on our website www.torbaygardenclub.co.nz.



In the garden in September:

Sow seeds of carrot and parsnip directly into beds. Sow tomato, zucchini, cucumber, basil, eggplant chilli and capsicum into seed trays indoors in a warm spot. Plant strawberries and blueberry bushes. Sow direct alyssum, antirrhinum, calendula, candytuft, Canterbury bells, clarkia, cornflower, godetia and sweet pea. Give a liquid feed to all flower beds. Prune hibiscus and shrubs that have finished flowering.

Jack O'Brien



My name is Jack O'Brien and In 2027 I will be representing New Zealand at the World Scout Jamboree, one of the largest youth events in the world. The Jamboree brings together tens of thousands of young people from over 150 countries to develop leadership, resilience, teamwork, and cultural understanding. It's an incredible opportunity to learn new skills, meet people from around the world, and take part in challenges and activities that push me to grow as a young leader.

Link to fundraiser

To attend, I need to raise $15,000, which covers travel, program fees, equipment, and preparation. I have already begun fundraising through local businesses, community groups, and school support, and I'm working hard to reach my goal before next year.

I'm proud to be representing both Long Bay College and New Zealand, and I'm committed to bringing back the skills, experiences, and leadership I gain to benefit my school and community. Any support—whether donations, sponsorship, or sharing my fundraising page—would mean a lot and help me get one step closer to this onceinalifetime opportunity.

Torbay Friendship Club

The Torbay Friendship Club continues to thrive, bringing local seniors together for friendship, fun and shared experiences.

Our meetings are held on the third Thursday each month from 10.00am to 12.00 noon at the Torbay Community Hall, 35 Watea Road, Torbay.

If you're looking to meet new people, stay active, and enjoy stimulating and social activities, Torbay Friendship Club offers a warm and welcoming environment. Members and visitors are always encouraged to come along and hear our speakers and have a cuppa and cake with us.

Our club recently participated in the Active Aging in Browns Bay and if you visited the very successful event, we hope you enjoyed yourselves.

Each month we have an excursion to different venues. In July we went to the Japanese restaurant Diakoku in Albany where we watched the chef cook our meal in front of us. In August we will be travelling by coach to view the art works from the Merit Awards Exhibition at Estuary Arts followed by Lunch at Orewa Sands.
There are plenty of ways to get involved and enjoy the company of friends and our popular interest groups include: Café Connoisseurs, Scrabblers, Rummikub, Mahjong, Theatre and Crafters groups.

For more information, please contact us on torbayfriendshipclub@gmail.com



Bootscootin' on the Shore: Meet Downtown Country Line Dance



I am the instructor for Downtown Country Line Dance and my 22yo twin daughters, Devon & Cadence Cox help guide our dancers on the floor as does my mother, Beth McGregor, who is also our friendly face at the door to greet people on the way into class.

If you think line dancing is a thing of the past, you haven't stepped into a local community hall lately! A vibrant line dancing revival is sweeping across Auckland, and right at the heart of the North Shore movement is Downtown Country Line Dance.

Proudly family-run and based right here on the Shore, we have been keeping the community moving since 2019. Whether you are an absolute beginner or a seasoned dancer, our goal is simple: to provide a warm, inclusive, and friendly atmosphere where you can learn at your own pace.

Why Give Line Dancing a Go?

The beauty of modern line dancing is its pure simplicity. You don't need a partner, you don't need expensive gear, and you don't even need prior dance experience.

Our classes focus entirely on accessible fun. We break down the steps—like basic grapevines and heel struts—into easy-to-follow sequences. Beyond the classic country hits, today's scene features a fresh mix of modern pop and contemporary beats. It also doubles as a fantastic "stealth workout," boosting your balance and stamina while you share a laugh with your neighbours.

At Downtown Country Line Dance, mistakes are just part of the fun. If you're looking to stay active, learn a new skill, and enjoy a wonderfully welcoming local community, there is a spot on the floor waiting for you. Bring a smile, grab some comfy shoes, and come see what the fun is all about!

I am the instructor for Downtown Country Line Dance and my 22yo twin daughters, Devon and Cadence Cox help guide our dancers on the floor as does my mother, Beth McGregor, who is also our friendly face at the door to greet people on the way into class.

Contact Kirst 021 164 1113 for more details.

MAX Health Store
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Exam stress beginning to take its toll?

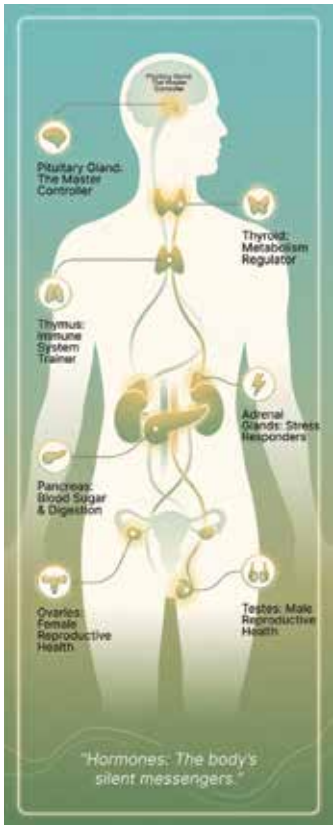
As exams approach, many teens experience increased stress, disrupted sleep, difficulty concentrating, low energy, and feeling overwhelmed.

The good news is that small changes can make a big difference. Nutrition, sleep, routine, and stress management all play an important role in supporting focus, resilience, and well-being during busy periods.

At Max Health, we take a practical approach to supporting young people through challenging times with personalised advice, nutritional support, and herbal medicine.

Whether you're a student preparing for exams or a parent looking for guidance, we're here to help.

Pop in and chat with one of our qualified practitioners.



Opening Hours: Mon to Fri 9.30am to 5.30pm Saturday 10am to 4.30pm
Tel: 09 4755779 Email: info@maxhealthstore.co.nz

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www.maxhealthstore.co.nz

In Memoriam



It is with sadness that we share the news of the passing of a former Torbay Resident Georgie Maurice, who died suddenly last month. Georgie was a longserving member of many local groups after retiring from her teaching profession at Northcross Intermediate School. She was a convenor for a group 'Making History' at U3A Browns Bay. She was also a member of the Torbay Historical Society where she helped in many ways especially with her expertise at 'mending' artifacts. Perhaps her contribution was particularly with the Torbay Garden Club. She first served as Show Steward before taking on the role of Club Secretary, a position she held with great commitment for 13 years. Her meeting minutes were always meticulously prepared, with careful attention to detail and correct procedure. In earlier years they were beautifully handwritten, and later produced on her faithful typewriter, which she much preferred to modern computers.

Tides September 2026 (Murrays Bay)

	LOW		HIGH		LOW		HIGH		LOW	
Tue 01	03:44	0.3m	09:52	3.0m	15:58	0.4m	22:15	3.0m		
Wed 02	04:27	0.3m	10:35	2.9m	16:43	0.5m	23:00	2.9m		
Thu 03	05:12	0.4m	11:22	2.9m	17:32	0.6m	23:49	2.9m		
Fri 04	06:01	0.4m	12:13	2.8m	18:28	0.7m				
Sat 05			00:42	2.8m	06:55	0.5m	13:13	2.7m	19:31	0.7m
Sun 06			01:40	2.7m	07:57	0.6m	14:19	2.7m	20:39	0.8m
Mon 07			02:46	2.6m	09:05	0.6m	15:28	2.7m	21:47	0.7m
Tue 08			03:54	2.7m	10:14	0.6m	16:33	2.8m	22:50	0.6m
Wed 09			05:00	2.7m	11:17	0.5m	17:32	2.9m	23:49	0.5m
Thu 10			06:01	2.8m	12:13	0.4m	18:25	3.0m		
Fri 11	00:43	0.4m	06:56	3.0m	13:04	0.3m	19:16	3.1m		
Sat 12	01:33	0.3m	07:46	3.0m	13:51	0.3m	20:03	3.1m		
Sun 13	02:20	0.3m	08:32	3.1m	14:36	0.3m	20:48	3.1m		
Mon 14	03:04	0.3m	09:16	3.0m	15:18	0.3m	21:31	3.0m		
Tue 15	03:46	0.3m	09:58	3.0m	16:01	0.4m	22:14	2.9m		
Wed 16	04:26	0.4m	10:39	2.9m	16:43	0.6m	22:55	2.8m		
Thu 17	05:06	0.5m	11:21	2.7m	17:28	0.7m	23:37	2.6m		
Fri 18	05:48	0.6m	12:06	2.6m	18:17	0.8m				
Sat 19			00:21	2.5m	06:34	0.8m	12:56	2.5m	19:11	0.9m
Sun 20			01:09	2.4m	07:26	0.9m	13:54	2.4m	20:09	1.0m
Mon 21			02:04	2.4m	08:27	0.9m	14:55	2.4m	21:09	1.0m
Tue 22			03:04	2.3m	09:32	0.9m	15:53	2.5m	22:05	0.9m
Wed 23			04:05	2.4m	10:31	0.9m	16:45	2.5m	22:56	0.8m
Thu 24			05:01	2.4m	11:21	0.8m	17:32	2.6m	23:43	0.7m
Fri 25			05:51	2.6m	12:06	0.6m	18:15	2.8m		
Sat 26	00:27	0.6m	06:37	2.7m	12:47	0.5m	18:57	2.9m		
Sun 27	01:10	0.4m	08:20	2.9m	14:28	0.4m	20:39	3.0m		
Mon 28	02:52	0.3m	09:03	3.0m	15:10	0.3m	21:22	3.0m		
Tue 29	03:35	0.2m	09:46	3.0m	15:53	0.3m	22:07	3.0m		
Wed 30	04:19	0.2m	10:30	3.1m	16:38	0.3m	22:53	3.0m		

Times adjusted for Daylight Saving.



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U3A hear about Early Life Nutrition, lifelong health



Our August speaker, Professor Mark Vickers is Deputy Director at the Liggins Institute, University of Auckland. He is an Aucklander, attended Howick College and Auckland University before moving to Munich in Germany where he undertook work as a Research Assistant. On his return to Auckland, he went back to Auckland University, and specialised in Paediatrics. Professor Vickers own research focus is on the impact of alterations in the early life nutritional environment on later health and wellbeing of offspring with a particular focus on the development of obesity and metabolic disorders.

He is very passionate about the work he does with the Liggins Institute to optimise the early life of children. He also sees his role as translating academic research into 'real world' answers. One example of this some years ago was the development of a programme to provide a dab of Dextrose gel to newborns with low blood glucose levels, saving many lives.

A current long term project being worked on is called DOHaD –'Developmental Origins of Health and Disease', where the first 1000 days, measured from conception of a baby to two years is studied to help those identified with neurological conditions, with possible treatments. It has been found that the effects of obesity and metabolic disorders can continue through several generations because of developmental programming to the foetus. If the foetus is exposed in utero to stress, starvation or on the other hand, high sugar/high fat and the mother has a sedentary lifestyle, it can make a series of metabolic adaptations in order to survive. After birth, as a child and adult, even though it is provided with healthy nutrition, it may become overweight.
The Institute is working on various options for treatment in these circumstances including exercise and practical guidelines. They have put together a booklet 'Nutrition matters for lifelong Health' and have begun to provide adolescent awareness sessions in some schools.

The Liggins Institute's vision is 'a healthy start for a healthy life' and their mission is to improve lifelong health through excellent research into the long-term consequences of early life events, through world-wide collaboration with researchers and family-friendly clinical research in New Zealand.

Focus on Liesl Zentgraf

I asked one of our amazing young backstage people, Liesl Zentgraf, what brought her to Torbay Theatre, and it was all about the musicals.



Liesl in her natural habitat – out in nature with her camera.

The very first show Liesl remembers seeing was *Oklahoma!*, in South Africa, when she was four or five years old. She absolutely loved it, and still remembers how excited she was on the car trip back home afterwards. When her grandparents told her there was a film of the show, she watched it over and over all through her childhood and teens. She has always enjoyed theatre, especially musicals, and went to shows often but had never been involved before.

After moving to New Zealand with her family she was looking for something to fill her spare time, and the first show she saw here happened to be *Oklahoma!* at Torbay Theatre. She noticed in one of the Torbay/Long Bay magazines that creative types were always needed to create and care for props, costumes and sets, so, as she lives near the theatre, she popped in on a Wednesday morning, and now she is hooked! She loves Wardrobe, so she started there, including making from scratch the splendid red dress worn by Sarah Munnik as Cousin Hebe in last year's *HMS Pinafore*, and the Admiral's hat (see photo). She is now in charge of props, has fulfilled many backstage roles, and is on the committee, helping keep the club going.



Liesl at work last year on the HMS Pinafore set.



The Admiral (Dan Moore) and Sarah Munnik as Cousin Hebe – both in costumes (Hebe's dress and the Admiral's hat) made by Liesl.

The one thing she hasn't yet done is step onstage – and when I asked, she said she might take on a non-speaking role if needed, but generally she preferred to be unseen, behind the scenes or behind a camera lens – another of her hobbies. She takes a lot of our publicity shots, and also enjoys all sorts of photography, especially outdoor events, such as dog shows, or nature. She hasn't yet offered any of her photos for publication, despite several people urging her to.

She loves the Torbay area, particularly the beaches, and she is glad she ended up living near one of the few theatre groups on the Shore aiming to put on a large-scale musical every year.

CLUB NIGHT 12th SEPTEMBER 7:30

Backstage Club

Be like Liesl and join our committed creatives every Wednesday morning 10:15-12.

For more details, or to join:
www.torbaytheatre.com
See also: Facebook/Insta, or ph 0210-294-0630
35 Watea Rd, Torbay

Spot The Dragon

If you've walked past the basketball courts at Glamorgan School recently, you've probably noticed a vibrant new addition to their grounds!

The high-traffic court area looked a little dull and drab, but one of their incredibly creative Teacher Aides, Fiona D'Ilse, saw the perfect opportunity for a transformation. Having already brightened up Glamorgan School with several fantastic murals, Fiona set her sights on a new, unique canvas: the giant water tank right across from the pool.

Painting a curved cylinder certainly came with its fair share of trickiness and challenges, but Fiona mastered the angles brilliantly!

Located perfectly across from the pool, the new artwork features a few familiar faces:

- The School Dragon: Soaking up the sun and enjoying some well-deserved pool time!
- Local Birdlife & Friends: Joining our mascot for a fun, lively summer scene.

Glamorgan School would like to extend a huge thank you to Resene Paints for generously sponsoring the paint that brought this vision to life.

We absolutely love how this bright new mural energises the space. Next time you're on-site at Glamorgan School, be sure to pop by the basketball courts to check it out in person!



"Float First"



You never know when you'll find yourself unintentionally in the water. Water safety NZ statistics show that a third of all drownings are due to unintentional slips or falls into the water, people who had no intention of being in the water.

We work closely with Drowning Prevention Auckland to guide what we do at MERC. Their message for people who find themselves unintentionally in the water is to "float first". This involves:

- lying back with your ears underwater and chin up
- moving your hands to help you float
- being ok if your feet sink
- ignoring your instinct to swim

After that, breathe normally to relax and slow your breathing to help you calm down. This will help you catch your breath. Once you can, signal for help with a raised arm or shout. If you can, start swimming towards safety. If you can't, just keep floating and if there is anything around you that will help you float, hold onto it this could be a sports ball, or an empty drink bottle.

Remember, float first.

If you want your kids to learn these skills, we're here to provide them with practical real-world education which could one day be lifesaving.

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We're proud of the results we've achieved for our clients, but we know that the strongest proof comes from the people we've worked with. That's why we've shared a selection of our recent case studies - real properties, real campaigns and real results.

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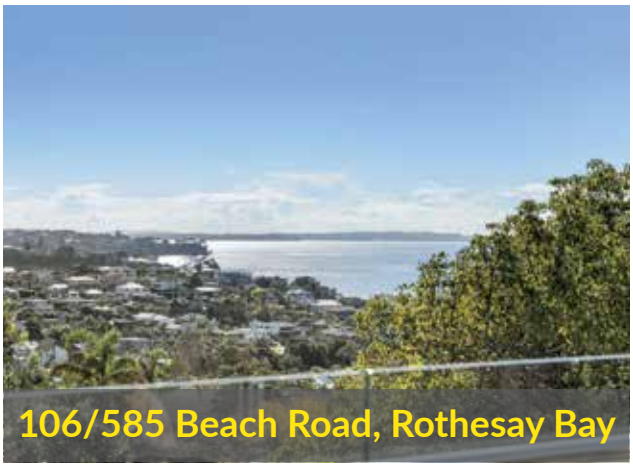
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"Excellent. Couldn't fault it. So professional and yet totally available for us. Kept us fully up to date throughout. Highly recommend this team."

Vendor - 106/585 Beach Road, Rothesay Bay





"Working with Jiang and Therese to buy our first home was an incredible experience from start to finish. As first home buyers, we were stressed about finding the right home, but they made the entire process smooth and stress-free. Everything we learned from them. They possess exceptional local knowledge, were incredibly responsive to all our questions (never missed a single message, phone call or email). We never felt rushed or pressured into making a decision. If you are looking for a professional, trustworthy and dedicated real estate agent, we highly recommend!"

Purchaser - 1/235 Sunset Road, Sunnynook

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A big thanks Therese, Lenie and team. Well done.
From Marlene and Bob"

Vendor - 26 Penzance Road, Mairangi Bay





"Therese was very professional and encouraging in a challenging market.
Therese was available with the personal touch and used her skills to negotiate the sale to a positive outcome after some months on the market. Therese kept me well informed both with data , in person or by email. Her team were also involved in the marketing and it was great to have that back up."

Vendor - 66A Hebron Road, Waiake

Thérèse Leslie 021 022 66192 | Jiang Kou 021 087 93257 | Leigh Storey 022 685 7041

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Tēnā koutou Community!

East Coast Bays Library is excited to see the return of spring. It's a time of renewal and growth, so a perfect time to learn something new, explore a new activity or find a new favourite author.

September will bring a flourish of activity in the library as we highlight:

Māori Language Week, Auckland Heritage Festival, Adult Learners Week, Dying Matters Week, Comic Book Month, Civic literacy and more!

Events you don't want to miss:

2026 General Election Sessions
Saturday 29 August: 10:30am–11:30am - Information Session in Mandarin I 11:30am–1:30pm - Mobile Enrolment

Sunday 6 September & Sunday 20 September: 10:30am–11:30am - Information Session in English I 11:30am–1:30pm - Mobile Enrolment

Information Sessions - Election information and available job opportunities.

Mobile Enrolment - Service Tables to help you enrol and answer your questions.

Dying Matters Week Workshops - Planning for Peace of Mind
Wednesday 9 September 2.30pm – 4pm Workship in English

Friday 11 September 2pm – 3.30pm Workship in Mandarin

Introduction to 3D Printing – Workshop for adults



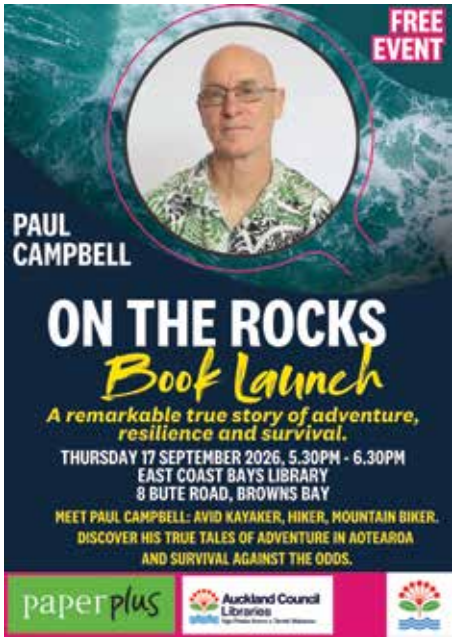


Thursday 19 September 5.30 – 6.30pm

Bookings are required on Humanitix.com

Book Launch - "On the Rocks" with Paul Campbell
Thursday 17 September 5.30pm – 6.30pm
A remarkable true story of adventure, resilience and survival

For Tamariki and Whānau:
Thursday 17 September 10am – 10.30am – Te Reo Terrific Tots for Māori



Language Week.

Sunday 13 September 2.30pm - 4pm - Chill out after" Big Boys Toys" in Browns Bay and watch a monster truck movie.

Sunday 27 September 2.30pm - 4pm - A Comic Book Month movie with your favourite characters.

The School Holidays begin on 26 September "Follow Your Dreams" with our fun programme of activities for all!

For more information about our events and programmes, pick up or subscribe to our monthly What's On brochure, talk to library staff, follow our Facebook page, and search for events at www.aucklandlibraries.govt.nz



What to do if you have flu or cold symptoms



This Winter has been a very cold one and has brought with it the usual round of colds, coughs and flu.

For some it doesn't interfere with their everyday life, they can just" get on with life" but for others they feel really unwell.

Unfortunately, if you have flu and "just get on with life" you end up infecting many other people and passing the misery around.

So be sensible and follow these guidelines until you are restored to full health.

General Care Tips

1. **Rest:** Ensure you get plenty of sleep and rest to help your body recover. Avoid strenuous activities and allow your immune system to fight off the virus.
2. **Stay Hydrated:** Drink plenty of fluids such as water, herbal teas, and broths. Staying hydrated helps thin mucus and keeps your throat moist, which can alleviate discomfort.
3. **Manage Symptoms:**

- **Over-the-Counter Medications:** Use medications like acetaminophen or ibuprofen to reduce fever and relieve body aches. Decongestants and antihistamines can help with nasal congestion and runny nose
- **Home Remedies:** Hot tea with honey can soothe a sore throat and reduce coughing. Gargling with salt water and using saline nasal sprays can also provide relief from congestion.

4. **Monitor Symptoms:** Keep an eye on your symptoms. If you experience severe symptoms, such as difficulty breathing, chest pain, or high fever, seek medical attention immediately
5. **Avoid Spreading the Virus:** Stay home to prevent spreading the flu or cold to others. Cover your mouth and nose when coughing or sneezing and wash your hands frequently.

When to Seek Medical Attention

- If you are in a high-risk group (e.g., young children, elderly, pregnant women, or individuals with chronic health conditions) and develop flu symptoms, contact your healthcare provider early in your illness.
- If your symptoms worsen or do not improve after a few days, or if you have emergency warning signs (like difficulty breathing or persistent chest pain), seek medical care.

By following these guidelines, you can effectively manage flu or cold symptoms and support your recovery. Always consult with a healthcare professional if you have concerns about your health.

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Helping local businesses work smarter with practical AI, automation and better systems. FREE 30-minute Business Efficiency Review. Discover quick wins to help you get more time back.
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hello@jellyfishsolutions.co.nz

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UK Grocer – Missing the taste of real Marmite, British chocolate and other UK products? Look online for full product range or call in our store in Bute Rd Browns Bay.
1 Bute Rd Browns Bay 022 382 6299

Design

Graphic Designer – Experienced local designer with extensive industry experience looking to help local community at competitive rates. Ph 021 202 0359, email kevin@sidekickcreative.co.nz

Health and Wellbeing

Jasmine's Thai Massage – for ladies only. 7 Babbington Place Torbay. By appointment only. Phone 0222474753 or 0224739419.

Home and Garden

Carpet and Upholstery cleaning – stain removal, free deodorising. Fly and insect control. Phone Michael 4731422 or 0275379112.

Electrician – Retro Electrical for all your electrical needs. Phone Carl Mesman 021 0235 7548 or email retroelectrical.Ltd@gmail.com.

Garden Bags and Bins – Prompt and professional service, competitively priced. Call John 0508262626. www.jdpropertyservices.co.nz.

Handyman. Born and bred in Torbay. Martin is a qualified cabinet maker and experienced professional. Allsorts Property Maintenance is available for property maintenance, odd jobs, decks, fences and garden services. Call Martin Bassett on 0274526515.

Lindsay Painting. Interior/exterior. Phone Clive 0274812231.

Plumber and gasfitter – Caleb Basel certified master plumber. www bettaplumbing.co.nz or phone 0224719055

Roofing – Barts Maintenance Ltd for reliable and reasonable roofing. Call 0284663886 or email waliedbart@gmail.com

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WHERE Long Bay College Auditorium
TICKETS $2/ticket

p.s. Please bring your own healthy snacks along! We will provide water.

SCAN HERE FOR TICKETS

SHARING BOOKS



I've just finished reading these books and honestly, they were so good! I'd highly recommend them if you're looking for something to get stuck into.

They also reminded me how many benefits there are to reading, it's such a good way to switch off, reduce stress, improve your focus and learn new things, all while getting completely lost in a different story or perspective.

Whether you're already a big reader or haven't picked up a book in years, it's never too late to start!



MARKET STATS

NORTH SHORE		June 2026
Median Sale Price	$1,200,000	1.8% ▲
Sales	267	-9.8% ▼
Median days to sell	52 days	3 days ▲

AUCKLAND CITY		June 2026
Median Sale Price	$1,125,000	-6.3% ▼
Sales	450	-15.1% ▼
Median days to sell	47 days	2 days ▲

Based on REINZ statistics for The North Shore and Auckland City region. Change is based on same time last year.

Ming Liu | 027 519 6826 | ming.liu@harcourts.co.nz

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Sweet and Savoury Scones - a favourite treat!

Scones are quick and easy to make. I find it best to make smaller quantities as they are best eaten the same day. The lemonade scones can have whipped cream and jam whereas the date and the cheese are best with butter - or just as they are. Great for morning or afternoon tea and easy to quickly whip up if you have unexpected visitors.



Cheese scones

Ingredients
3 cups plain flour
3 tsp baking powder
¾ cup grated cheese
Grated parmesan cheese for decorating top of scone
¼ tsp cayenne pepper
¼ tsp mustard powder
¼ tsp salt
75g butter
1 ¼ cups milk
extra milk for glazing

Method
Preheat the oven to 220°C. Grease or flour a baking tray.

Sift the flour, baking powder and salt into a bowl. Add cheese, cayenne pepper and mustard powder to the mixture. Rub in the butter with your fingertips until the mixture resembles fine breadcrumbs.

Add the milk and quickly mix with a round-bladed table knife to a soft dough. Scrape the dough onto the floured baking tray and flour the top.

Working quickly, pat the dough out to 2cm thickness. With a floured knife, cut it into 12 even-sized pieces and place on baking tray. Brush the tops with milk.

Before baking, top each scone with a grated parmesan. Bake for 10 minutes or until golden brown.

Date scones

Ingredients
3 cups standard flour
6 tsp baking powder
¼ tsp salt
1 tbsp sugar
½ tsp cinnamon
75g butter
¾ cup chopped dates
1 to 1½ cups milk

Method
Preheat the oven to 200°C. Grease or flour a baking tray.

Sift the flour, baking powder, salt, sugar and cinnamon into a bowl. Rub in the butter with your fingertips until the mixture resembles fine breadcrumbs. Add the dates.

Add the milk and quickly mix with a round-bladed table knife to a soft dough. Scrape the dough onto the floured baking tray and flour the top.

Working quickly, pat the dough out to 2cm thickness and with a floured knife cut it into 12 pieces - allow 2cm space between them. Brush the tops with milk and sprinkle with a mix of cinnamon and sugar if desired.

Bake for 10 minutes or until golden brown.



Lemonade Scones

Quick and easy to make and delicious served with whipped cream and jam.

Ingredients
4 cups SR flour
3000ml cream
300ml lemonade

Method
Place flour in a mixing bowl with a pinch of salt. Add the cream and the lemonade and mix well.

Turn onto a floured board and roll out. Using a cutter cut 12 scones and place on tray, brush with egg and milk.

Cook for 12 minutes 200°C.



Long Bay Business Directory

Cafes and Restaurants

Bukhara
88 Te Oneroa Way 09 971 1100

Domino Pizza
55a Ridge Rd 09 9544 939

Kinfolk Café, Long Bay Village Square - opening February

Little Café For great takeaway coffee
57 Glenvar Ridge Rd

Long Bay Fisheries
Order online and then just collect
Shop 3 88 Te Oneroa Rd 09 212 9816

Long Bay Surf Club
Dine in, Take away or delivery service.
56 Bounty Rd 09 473 0908

November café
88 Te Oneroa Way 09 473 0298

Sony Bakery Everything made fresh daily.
83 Te Oneroa Rd 09 218 5056

Sushi and Don www.marusushinz.com
88 Te Oneroa Rd 09 218 7483

Surf Club Long Bay
4/56 Bounty Rd 09 473 0908

Birds of a Feather
1/56 Bounty Rd 09 220 2116

Gifts

White Sands Interiors
Village Square 027 389 5757

Laundromat

Spin Fresh Laundromat
89 Te Oneroa Way

Hair Care

Barbers www.longbaybarbershop.co.nz
3/88 Te Oneroa Rd 09 214 3967

Health and Beauty

Dynamic Physio For all physio needs
55a Glenvar Ridge Rd 09 553 8501

Haven - Beauty and Wellness
89 Te oneroa Way 021 217 4047

Jets Gym Open 24 hours
89 Te Oneroa Way 027 298 6568

Long Bay Medical Centre
For all health care needs
55a Glenvar Ridge Rd 09 473 0063

Long Bay Nails and Beauty
Nail & waxing salon
Village Centre 09 218 9027

Power Pilates
88 Te Oneroa Way

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7/88 Te Oneroa Rd 09 473 0065

Vet Clinic

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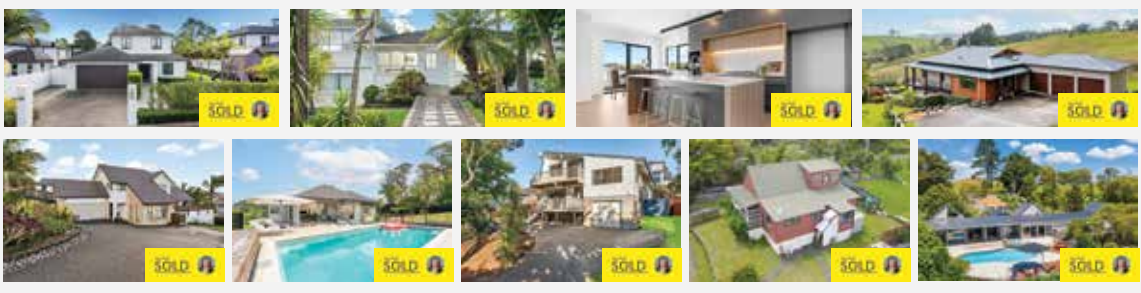


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Pyjama Fundraiser at Torbay Pharmacy

In August Torbay Pharmacy held a Pyjama Day. The Goal was to provide brand-new, warm winter pyjamas (sizes newborn to adult XL) to displaced children and kids in foster care who may never have owned a brand-new pair of their own.

- Foster Hope Pyjama Drive: Runs an annual appeal leading into winter asking for brand-new pyjamas and essentials like toiletries and school bags.
- The PJ Project (Kindness Collective): A nationwide initiative delivering thousands of pairs of warm winter PJs, blankets, and hot water bottles to children in need via partner organizations.







To get into the spirit of things the staff all came to work in their PJ's!

They also ran a children's competition. Great effort Torbay Pharmacy!

Unichem Torbay Pharmacy

Unichem Torbay Pharmacy 1040 Beach Road, Torbay
Phone 473 9629 ***Fax*** 473 0730 ***Email*** info@torbaypharmacy.co.nz

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- MetaRelax Daily – for people who want nutritional support for stress, relaxation, muscle tension, nervous-system function and everyday energy.
- Hemagenics Iron Advanced – high-potency iron with active B12 and 5-MTHF.
- OmegaGenics High Strength EPA/DHA – highly purified, concentrated fish oil for targeted omega-3 support.
- Joint Sustained Care - contains BCM-95™ enhanced-absorption turmeric extract and is formulated to help relieve mild joint pain and stiffness, muscle aches associated with mild osteoarthritis, and mild inflammation.





Metagenics isn't about taking more supplements — it's about choosing **better-formulated ones for your individual needs.**

Come in to Unichem Torbay Pharmacy and ask our team for advice on what Metagenics product is best for you.

Opening Hours Monday to Friday 8:30am to 6:00pm
Saturday 9:30am to 4:00pm

Pets in Rented Accommodation



Rules regarding keeping pets in rented accommodation changed on 1 December 2025. However, if a tenant started keeping a pet before this date, that was approved by the landlord, some of the new rules do not apply.

Tenants who started keeping a pet on or after 1 December 2025, must request pet consent. If the landlord approves, they can set certain conditions the tenant has to meet, for example to pay a pet bond. If the landlord declines approval, they must have a valid reason. If the landlord set conditions for the tenant when they approved the pet, the tenant must continue to meet them. The landlord cannot set new conditions, for example they cannot charge a pet bond.

All tenants on the tenancy agreement are responsible for pet-related damage that is more than fair wear and tear. What you are responsible for depends if the damage was done before or after 1 December 2025. If the damage happened and they did not have a good reason, before 1 December 2025, the maximum amount of damage the tenants can be charged is the lesser of: 4 weeks' rent, or the amount of the landlord's insurance excess. If the damage happened on or after 1 December 2025, tenants are responsible for all damage that is more than fair wear and tear.

If a landlord did not approve a pet before 1 December 2025 and they did not have a good reason, the tenant can request pet consent now, under the new rules.

Should you require more details on these "new" rules, then please call into the Citizens Advice Bureau (details below) and speak to one of the friendly interviewers.

Phone: 09 479 2222 or 021 896 985
Email: brownsbay@cab.org.nz
1-5 Clyde Road, Browns Bay, Auckland 0630

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CAB BROWNS BAY
Address : 1-5 Clyde Road, Browns Bay (opposite Woolworths Beachside)
Hours : Mon - Fri 9am-3pm & Saturday 10am-1pm
Phone: 479 2222

CAB TAKAPUNA
Address : Community Services Building, 7 The Strand, Takapuna
Hours : Mon - Thurs 9.30am-3.30pm & Fri 9.30am-12.30pm, Sunday 10am-12.30pm
Phone: 486 3139

Citizens Advice Bureau
Ngā Pou Whakawhiriwhiri o Aotearoa

Home Sellers Spring Cleaning Check

- Declutter every room
- Give all rooms a deep clean
- Outside house wash and driveway clean
- Prepare your garden for the summer ahead – mulch



Now that you have done all that, give me a call to have a chat about your next move.

Alison Cameron
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Quizzes
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Answers Page 34



Barfoot & Thompson Torbay

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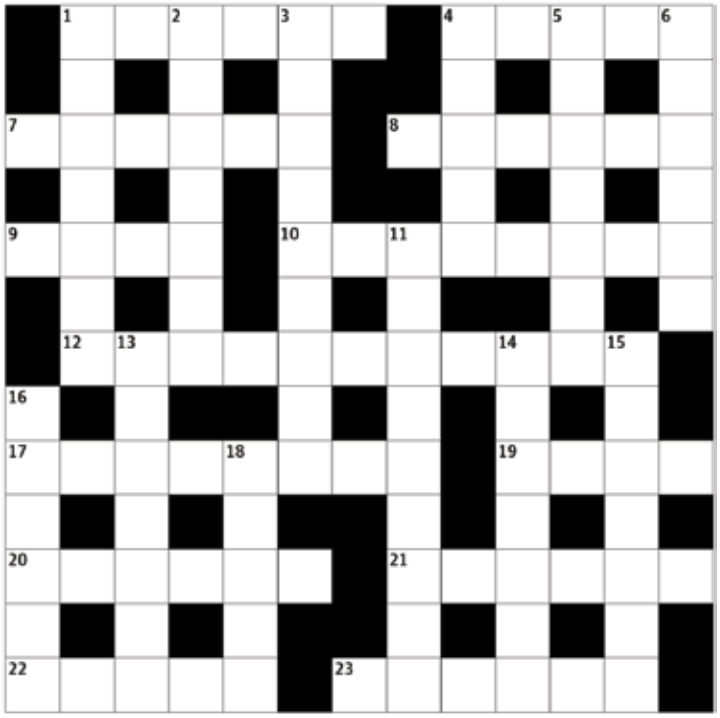
WORD PUZZLE

How many words of 3 or more letters can you make from the following letters?

OFTRES

30 good, 35 very good, 40+ excellent

CROSSWORD



Across

1 Provide help (6)
4 Storage spaces in ship (5)
7 Marketplace (6)
8 Respiratory tract (6)
9 Ingredient of beer (4)
10 Fond of drinking alcohol (8)
12 Hiding (11)
17 Gemstone (8)
19 Work list (4)
20 Unlikely to change (6)
21 Strong and simple, not delicate (6)
22 Leather with napped surface (5)
23 Shuts (6)

Down

1 Ancient Semitic language (7)
2 Make neat, stylish (7)
3 Area planted with bushes (9)
4 Three line Japanese poem (5)
5 Important facts (7)
6 Most cunning (6)
11 Two-sided (9)
13 Run a machine (7)
14 Seriously annoys (7)
15 Ragged clothing (7)
16 Careless errors (6)
18 Cut in two (5)

SUDOKU

2		1						7
	7			8		1		
8				3				
			7			9		
	1	6		2		5	4	
		9			5			
				6				9
		4		5			3	
3						6		8

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Torbay 09 473 0372

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PROPERTY MANAGEMENT

Choose Your Own Adventure with Avalon Waterways

Why settle for one-size-fits-all when you can hike, cycle, paddle, cook and explore your way through Europe?

Avalon Waterways' Active & Discovery cruises are reimagining the traditional river cruise, giving travellers more choice, flexibility and opportunities to experience destinations beyond the usual sightseeing circuit.

At the heart of the experience is Avalon Choice, offering a daily selection of included excursions across three categories: Active, Discovery and Classic. So, whether you're looking to get moving, immerse yourself in local culture or simply take in the iconic sights, you can choose the experience that best suits your interests and pace.



Active excursions might see you cycling through a European town, hiking to an historic lookout or kayaking along the Danube. Discovery experiences take a more hands-on approach, with opportunities to enjoy cooking classes, tastings, cultural workshops and other experiences that connect you with local traditions. And for those who love the classics, guided sightseeing tours showcase the iconic highlights of each destination.

The destinations themselves provide an incredible backdrop. Cycle through tulip country in the Netherlands, sample Belgian chocolate, kayak along the Danube, hike to castles, explore the vineyards of the Rhine or indulge in the food, wine and artistry of southern France along the Rhône.



And, of course, you still enjoy one of river cruising's greatest luxuries: unpack once and let the journey unfold. Avalon combines that effortless style of travel with the freedom to make each day your own.

Perfect for couples with different interests, multi-generational families or travellers seeking something beyond a traditional cruise, Avalon Waterways offers a fresh and immersive way to experience Europe.

Ready to choose your own adventure? Talk to the Shore Travel team about an Avalon Waterways Active & Discovery cruise, and ask about current savings of up to $6,600 per couple.

Avalon Waterways

Active & Discovery on the Danube

8 days | Budapest to Vilshofen
From $5,512* pp twin share
(based on 07/07/27 departure, Deluxe Stateroom)
Offer: Save up to $5,200*per couple

Picturesque views compliment vibrant cities on this Active & Discovery Danube river cruise through Germany, Austria, and Hungary.

Highlights:
Pedal along the postcard-perfect Wachau Valley
Taste local specialties on an insider's tour of Vienna
Sample Austria's renowned ciders at a local cellar
Hike to Count Dracula's prison tower in Visegrád

***Terms and Conditions Apply**



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AVALON WATERWAYS®

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Torbay & Long Bay Medical Centres

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Ask us about Manage My Health

SAVE TIME - SUPPORT LOCAL
CHOOSE THE TORBAY COMMUNITY LABORATORY



If you've ever spent ages waiting for a blood test at a busy collection centre, you'll appreciate the difference our Torbay Community Laboratory offers.

Connected to Torbay Medical Centre, our private laboratory collection service provides a professional, friendly, and efficient experience—with appointments available to keep waiting times to a minimum. Instead of taking a number and hoping the queue moves quickly, you can book a time that suits you and be seen promptly.

We're also excited to share that the laboratory is moving back to its original street-front location at the front of Torbay Medical Centre.

This dedicated collection room offers even easier access directly from the car park, making your visit quicker and more convenient than ever. Whether you're dropping in before work, during your lunch break, or on your way home, getting to your appointment will be simple and stress-free.

Our experienced phlebotomist, Cheryl, has been caring for the Torbay community for many years and is well known for her warm, reassuring approach. Whether it's your first blood test or you're a regular visitor, you'll be in capable and caring hands.



Following changes last year to government funding, our community laboratory is now privately operated. To keep this valuable local service available, a $15 collection fee applies ($10 for CSC holders). By choosing the Torbay Community Laboratory, you're not only enjoying a fast, high-quality service - you're also helping to ensure our community continues to have access to a convenient local blood collection facility.

Why choose the Torbay Community Laboratory?

- Booked appointments with minimal waiting.
- Convenient street-front entrance with easy parking access.
- Friendly, experienced care from our dedicated phlebotomist.
- Supporting a valued local community service.



Appointments are available Monday to Friday, 8.00 am – 4.00 pm.

For a faster, more convenient blood test experience, book your next laboratory collection with the Torbay Community Laboratory. We look forward to welcoming you.

Talk to your GP or contact our Health Improvement Practitioner.
Torbay Medical Centre 09 477 9000

Torbay Medical Centre
1042 Beach Road, Torbay, 0630
09 477 9000

Long Bay Medical Centre
55a Glenvar Ridge Rd, Long Bay
09 473 0063

Two happy pain free ladies

Thanks to Lynne I sleep well, I am pain free. I can move freely and can now truly enjoy life.

Lynne helped me gain confidence and taught me the importance of making time for myself. The impact has been life changing.

Last year, I stood at my kitchen sink doing the dinner dishes and thinking to myself what a difference I feel in my life since attending classes with you. You are so good at what you do. Thank you for your knowledge, understanding and caring way you have guided me through exercises.

I have never felt embarrassed or uncomfortable in all our sessions. I super appreciate your acknowledgment of special physical issues specific to women and mum's too – you are a star!

A Body Tonic Group Member





Mobility is important. Why?

When one side of the body becomes restricted or tense then movement becomes limited with the body compensating through other areas.

Improving mobility through exercise restores movement and creates better conditions for more balanced posture and muscle function.Lynne encourages maintaining correct alignment and strengthening with increased flexibility.

We will then have more control over our bodies. It is best to teach the body to maintain alignment and control to promote the reduction in pain or injuries.

EXERCISES THAT WORK!

Stretch | Flex | Strengthen

Reduce pain trigger points, enjoy increased balance, strength and flexibility.

Ladies Small Group Classes

No running, jumping or heavy machines

Days: Wednesday evenings 6.30 to 7.30pm
Bookings essential to hold your place. Don't miss out
4 ladies in a group. All ages welcome

Relaxed Environment | Non-Commercial | Home Studio

We also offer personal training, exercise assessments and consultations and massage therapy.

BTG
THE BODY TONIC GROUP
Fitness | Mind | Health

Movement Specialist & Fitness Trainer (Reps. Registered) I Pelvic Floor & Core Certified I Author
The Biometrics Mehod Corrective Exercise Specialist I Sports Advanced & Remedial Massage Certified

lscott@thebodytonicgroup.com thebodytonicgroup thebodytonicgroup.com
Lynne Scott - 021 204 3280

A Family Loan, *A Will And A Dispute.*

Tony had helped all three of his children with deposits for their first homes. His two older children had purchased well before the property boom of the early 2020s, but his youngest son, George, had panic-bought at the height of the market.



George and his partner ended up with a substantial mortgage, and because Tony had more than he needed, he decided to give them more than the older children had received to help ease the burden. Tony rationalised this by telling himself that George was buying a house similar to those of his siblings, and it was not his fault that property had become so much more expensive.

Tony did not consult his lawyer when he advanced the funds to George. He told George that the money was a loan and would be recorded in the notebook labelled "George", where Tony kept a record of all the money he had advanced to him, including funds for his first car and to repay his student loan. Tony also had notebooks for his older children, although the amounts lent to them over the years were considerably less than George had received.

Tony considered whether he should amend his will to ensure equality among his three children if he died. At that point, he consulted his lawyer. The lawyer explained that loans to children were often forgiven upon death under a will, or Tony could include a clause stating that each child's loan would form part of that child's share of his estate. Alternatively, if Tony did nothing, each child would be required to repay his or her loan to Tony's estate upon his death, which would neatly equalise their positions.

The lawyer questioned whether the loans had been properly documented and encouraged Tony to put formal loan agreements in place. Tony, who was somewhat sensitive to legal fees, said he did not think that was necessary. All three children knew about the notebook system and understood that the funds were being recorded to ensure fairness among them. He also decided not to amend his will, reasoning that the children's loans could simply be "repaid" to his estate and used to even out their inheritances.

Unfortunately, Tony died following a brief illness some years later. By then, George had moved to Wellington and had little contact with his older siblings. When the lawyer called to discuss the will and explain his understanding that the notebooks recorded the amount George owed Tony's estate, George, influenced by his new partner, claimed that the money had been a gift and that there had never been any intention that it be repaid. He argued that it was only fair for him to receive more than his older siblings because they had bought their homes and attended university when everything was cheaper. He did not believe his father had ever intended to achieve fairness between the siblings.

George's older sister and brother were horrified by his attitude. They argued that the entire purpose of the notebooks was to record what each child had received so that everything could eventually be balanced. George quickly engaged a lawyer and asserted that, unless an advance to a family member was formally documented as a loan, it was treated as a gift for legal purposes. He argued that his father had many opportunities to amend his will or ask him to enter into a loan agreement if that was what he intended, but had never done so.

George's stance caused a major rift in the family, one that would never fully heal. The situation is an important reminder that family financial arrangements should be properly documented and, just as importantly, reflected in your estate planning. When circumstances change, it is essential to review and update your will so that it continues to reflect your intentions and helps reduce uncertainty and the risk of disputes between those you leave behind.



TAMMY MCLEOD (BA LLB)
Managing Director, Davenports Law
Trust and asset structuring specialist, leading the Trust Team.

davenports law.



CRAFTED LEGAL ADVICE FOR PEACE OF MIND.

Do You Have *A Valid Will?*

It is recommended to review your will every five years, or whenever your circumstances change.

When you make a will you are creating a lasting legacy for your loved ones, with the opportunity to have your say.

Significant milestones such as marriage, separation, death, a change in your assets, or expanding your family can affect your assets being distributed in the way you want them to be.

Ensure your final wishes are respected and get advice that reflects your personal situation. Contact our Trust and Wealth Protection team to review your will.

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246 Reasons sellers *choose* Wanly Tsang.

★★★★★ 5 Star Rated by Rate My Agent

★★★★★

Excellent service from start to finish

"We had a fantastic experience with Wanly. Communication was always clear, prompt and friendly, and they kept us well informed throughout the whole process. Their knowledge of the market and professional advice gave us great confidence, and their negotiation skills helped us achieve a great result. We are very happy with the sale and would happily recommend them to anyone looking for a professional and trustworthy agent."
Molly



★★★★★

Quick and Efficient!

"The team is fast and efficient in delivering my expectations."
Omael & Tharushi,



★★★★★

Highly recommend

"We had a really positive experience with Wanly. From the beginning, she went well beyond what I would expect from an agent, helping us organise jobs around the property and dealing directly with tradespeople to keep everything moving. She kept us well informed throughout, gave good advice and was always responsive. Most importantly, she got us a great result quickly. We were very happy with the outcome and would definitely recommend her."
Harriet and Richard



★★★★★

First Class Support and Execution

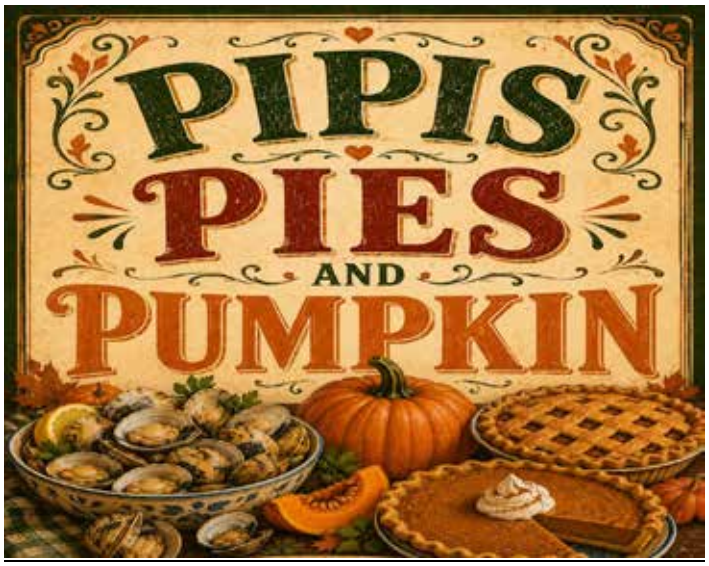
"I recently purchased a property from Wanly. She and her team were fantastic—responsive, supportive and able to quickly answer questions and negotiate a sale with the vendors. Very impressed with her area knowledge and the support of her team. Would highly recommend!"
Devon

★★★★★

Professional and reliable agent

"Communication was quick and clear throughout the entire process, keeping me informed every step of the way. I also highly appreciated the strong after-sales support, which made the final transition much easier. Everything was handled professionally, smoothly and without any delays."
Anna





in Silverdale Pioneer Village

Auckland Heritage Festival 2026

"Tastes of Tamaki: A Heritage Feast"

Take a peek inside a Pioneer Pantry, discover what went on the plate, how it was prepared and enjoy our "apple pie" hunt ! ..... from 26th September

Open Saturday and Sunday 10 am to 3pm

Lots to see and do for all ages - Entry by donation

15 Wainui Road, Silverdale, more details on www. silverdalepioneervillage.com

Puzzle Answers

	A	S	S	I	S	T		H	O	L	D	S
	R		M		H			A		O		L
B	A	Z	A	A	R		A	I	R	W	A	Y
	M		R		U		K		D		E	
M	A	L	T		B	I	B	U	L	O	U	S
	I		E		B		I		W		T	
	C	O	N	C	E	A	L	M	E	N	T	
L		P			R		A		N		A	
A	M	E	T	H	Y	S	T			R	O	T	A
P		R		A			E		A		T	
S	T	A	B	L	E		R	U	G	G	E	D
E		T		V			A		E		R	
S	U	E	D	E		C	L	O	S	E	S	

S	S	I	I	I	G	O	L	A	G	A	T	I	N	
U	S	R	A	T	L	I	M	A	T	I	L	I	W	
O	U	O	H	U	G	R	E	E	K	A	L	I	I	
P	D	A	T	R	H	E	S	D	G	I	M	B	I	
O	U	M	M	K	T	E	A	N	H	H	A	A	N	
R	T	H	A	I	R	E	E	A	P	S	L	J	I	
T	C	F	N	S	U	B	W	A	O	I	A	N	T	
U	H	A	D	H	S	S	D	B	L	L	Y	U	A	
G	U	R	A	E	S	A	I	E	I	G	A	P	L	
E	R	S	R	G	I	R	T	H	S	N	U	A	I	
S	D	I	I	S	A	O	U	I	H	E	P	S	A	
E	U	H	N	T	N	H	H	I	N	D	I	H	N	
H	H	I	A	R	A	B	I	C	O	I	I	T	M	
E	S	E	N	O	T	N	A	C	A	S	I	O	T	

Word Puzzle

eft, efts, foe, foes, for, fore, forest, fort, forte, forts, foster, fret, frets, fro, frost, oft, ore, ores, ref, refs, rest, roe, roes, rose, rot, rote, rotes, rots, serf, set, soft, softer, sore, sort, sot, store, toe, toes, tor, tore, tors

2	4	1	5	9	6	3	8	7
9	7	3	2	8	4	1	6	5
8	6	5	1	3	7	2	9	4
5	2	8	7	4	3	9	1	6
7	1	6	8	2	9	5	4	3
4	3	9	6	1	5	8	7	2
1	5	7	3	6	8	4	2	9
6	8	4	9	5	2	7	3	1
3	9	2	4	7	1	6	5	8



Scan here to see what everyone's saying about Wanly Tsang.

1 in 4

NZ home sales happen suring spring.

Will yours be one of them?

Why Spring?

Longer days, warmer weather and blooming gardens help homes look their best. More buyers are actively searching, families are planning moves before the new school year, and many purchasers want to settle before Christmas.

If selling has been on your mind, spring could be the perfect time to make your move.

#1 Harcourts North Shore

★★★★★ **5 Star Rated** by Rate My Agent

027 473 2468 | wanly.tsang@harcourts.co.nz | wanly.co.nz

Harcourts Cooper & Co

Wanly Tsang & Team

Harcourts Cooper and Co Real Estate Ltd MREINZ Licensed Agent REAA 2008

Hello

Spring



Torbay

Long Bay, Okura, Torbay Heights, Waiake

Market Share June 2026

Based on total Barfoot & Thompson written residential sales and independent industry market data.



Let us help you get ready to sell this Spring



Michele Bensley
021 270 7410



Chelsea Chen
021 087 87168



Ceejay Cheng
021 028 45315



Betty Gao
022 383 0408



Bailey He
021 866 696



Tiki Jiang
021 775 217



Heather Jones
021 814 090



Shashank Khoka
021 034 7175



Karin de Leeuw
027 270 2700



Damon Li
021 077 9509



Eva Li
021 051 3590



Yang Lin
021 0873 3492



Mayur Nimje
022 364 5005



Kyra Perwick
027 311 7953



Ray Qu
021 190 0881



Wendy Radcliffe
021 772 070



Sharon Shi
021 201 1505



Vivian Wang
021 284 8168

Property Management

Branch Manager



Harry Zheng
021 085 36475



Craig Zhu
021 800 280



Jody Hetaraka
027 809 6687



Kim Jin
021 395 888



Dorean Posimani
027 431 9696



Tony Cederwall
027 546 6377

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