

# focus

Issue 44  
December 2025

on community

Long Bay, Okura and Torbay

## MERRY *Christmas*

AND HAPPY NEW YEAR  
FROM THE TEAM AT  
FOCUS ON COMMUNITY



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# Athletics Day Superstars

Our Year 4–6 students took to the school field for our annual Athletics Day, channeling the spirit of New Zealand’s track and field heroes. The air was buzzing with energy, friendly competition, and a whole lot of speed as our students ran, jumped, and threw their way to success.

Inspired by the sheer pace of sprinter Zoe Hobbs, our runners left everything on the track, setting amazing times as they blazed down the lanes in the sprints. Our high jumpers aimed for the sky, perhaps dreaming of matching Olympic medalist Hamish Kerr, while the shot put circle echoed with the powerful throws of students channeling their inner Maddie Wesche. It was fantastic to witness the effort and enthusiasm displayed in every single event.

The day wasn’t just about individual glory; it culminated in the much-anticipated, high-stakes mixed relay race. The final event pitted the speedy students and the swift Long Bay College helpers against the determined, albeit slightly more experienced, teacher team. In a dramatic finish, the teachers pulled off a solid bronze medal finish, much to the surprise and delight of the staff spectators! We won’t dwell on the



total number of teams involved, but let’s just say the pride in securing a spot on the podium was absolutely golden.

The day was a huge success. Every student should be incredibly proud of their effort; they ran fast, threw well, jumped high, and showed outstanding sportsmanship. A big thank you to all the teachers, parents and Long Bay College helpers who made the day possible. Bring on the 2036 Olympics and look out for some of our athletes representing New Zealand at the highest level.




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If you have any editorial ideas or unusual photos please send to [editor@focusoncommunity.co.nz](mailto:editor@focusoncommunity.co.nz)

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## editor's letter

Everyone I speak to says they think this year has gone by very quickly and here we are the December issue, last of the year. It really doesn't seem possible, how quickly the time has flown. I know for me I do one deadline and off to print and before I know it another has come around!

This has been a year of growth for us, from 32 pages to a 48 page bumper special. Advertisers recognising that being part of a quality community magazine that is widely read, pays off for them.

Then there are all the wonderful contributors who monthly let us know what their club is doing, so that others can join in the fun. I thank these volunteers for their tireless efforts throughout the year to serve their community.

We have lots of Christmas items this issue - Barfoot are running a children's colouring competition

on page 36 with \$50 voucher prizes. Just colour in the page and take it into the local branch in Torbay shopping centre.

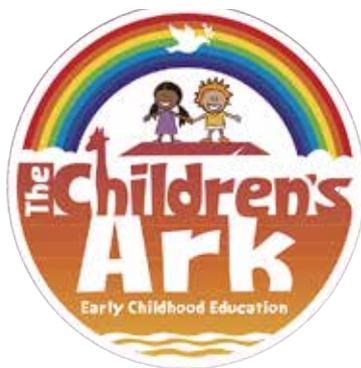
Northcross Church are doing their drive through again this year, if you have never done this drive through it really is good and a great outing for both young and old - check out page 40 for the details. And on page 32 we have the Church services that you can attend this Christmas if you wish. It is good to remember the real reason for Christmas rather than just getting caught up with all the commercial hype and you can be sure of a warm welcome at any of them.

I would just like to wish each household a very happy Christmas and all the very best for 2026.

**Carole McMinn,**  
*Editor*



[editor@focusoncommunity.co.nz](mailto:editor@focusoncommunity.co.nz) | 09 473 3259



## Children's Ark excelling in all areas

Children's Ark is very proud to announce that in its latest ERO report just published, we achieved "Excelling" in all areas. This is the highest category awarded by the ERO and to achieve this rating in all four areas is amazing. This was a testament to the hard work of all the staff, from Governance Committee, to Management, to Teachers, Administrator and Cooks. We are all committed to providing the best possible environment for the precious Tamariki in our care.

We believe in providing a fun learning environment, with sustainability being important,

you will therefore see predominantly natural resources, real grass and a garden feel to our outside areas. We promote Christian values and are owned by Long Bay Baptist Church who have supported Children's Ark for nearly 40 years, to provide a quality community based centre. Our dedicated team have over 120 years teaching between them.



Some of our Kakapo Room teachers



Our Gecko Room teachers

The Centre has just also celebrated 5 years as an ECE in its new, purpose-built facilities. We are particularly pleased with our extensive outdoor space which we continue to develop further.

Currently the Centre has some vacancies for 2 to 5 year olds and can take babies from April next year.

Call us on 09-473-0242 or e-mail [admin@childrensark.co.nz](mailto:admin@childrensark.co.nz) to arrange a visit.

Check out our website [www.childrensark.co.nz](http://www.childrensark.co.nz)

# Connecting, Empowering, and Growing Youth Organisation

In the East Coast Bays, dozens of passionate local groups dedicate their time to supporting young people – from sports clubs and arts collectives to mentoring initiatives and youth wellbeing programmes. The ECB Youth Organisations Network brings these groups together, helping them connect, collaborate, and thrive for the benefit of local youth.



The Network was created to strengthen community organisations working with young people by providing a platform for connection, shared learning, and advocacy. Through regular hui, and online connection, members share resources, exchange ideas, and identify opportunities to work together. Whether it's co-hosting events or supporting youth-led projects, the Network helps organisations do more – together.

A key focus is ensuring that smaller or volunteer-led groups feel supported and connected to the wider youth ecosystem. The Network provides access to training opportunities, funding information, and practical tools that help build capability and confidence. It also acts as a collective voice, advocating for the needs of youth services in the Bays and ensuring young people's wellbeing remains a community priority.

The impact is clear: stronger organisations mean stronger outcomes for young people. By building collaboration and reducing isolation between groups, the ECB Youth Organisations Network helps create a more coordinated, inclusive, and resilient youth sector.

If your group supports young people in any way – through sport, creativity, education, or wellbeing – you're welcome to join the Network. Together, we can ensure that every young person in the Bays has the support, opportunities, and sense of belonging they deserve.

To find out more or get involved, visit [www.ecbyouthorgsnetwork.com](http://www.ecbyouthorgsnetwork.com) and become part of a community that's shaping a brighter future for our youth. And a big thank you to the Hibiscus and Bays Local Board - Auckland Council for your partnership in making this all possible!

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From our  
beach to yours –  
*Merry Christmas!*

A heartfelt thank you to everyone who's supported me this year – it's been a pleasure helping so many people make positive moves. Here's to long days, good company and that unmistakable sound of summer by the sea. I'm around during the festive season – if you need assistance with real estate just give me a call,

*Wendy*

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# New Award for Euro Patisserie

In the recent Bakel Pie Awards Euro Patisserie won two golds and a silver for their pies and we celebrated with them.

They have now just heard that they were runner up in the Vegan National Pie Awards for their mince and cheese pie.

The judges said "A nice choice of vegan cheese and nice flaky pastry. A realistic meaty taste and texture and a lovely, pretty appearance".

Come on in and try.



## Enjoy Christmas with our Award winning pies



Mince tarts



Lamb Ragu pie with cheese



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# A New Term for the Hibiscus and Bays Local Board

The East Coast Bays community has a strong and experienced team representing us on the Hibiscus & Bays Local Board. Returning members Alexis Poppelbaum, Julia Parfitt and Gregg Walden are joined this term by newcomer Mike Bishop who together form the "Backing the Bays" team, a group dedicated to practical progress and community connection.

Alexis Poppelbaum takes on the role of Chairperson, bringing experienced leadership and a passion for protecting our beautiful coastal environment. Julia Parfitt brings her extensive governance experience and proven track record of project delivery in the Bays, and Gregg Walden his passion and dedication in the areas of emergency preparedness, community connectivity and safer neighbourhoods.

Mike Bishop is the new face on



*Gregg Walden, Mike Bishop, Julia Parfitt, Alexis Poppelbaum*

the Board and the Chief Executive of Harbour Sport – an organisation that empowers and strengthens the North Harbour community through physical activity, health and well-being. Mike has

an extensive background in sport and recreation, finance and is also a passionate advocate for inclusivity and championing opportunities for people with disabilities (he currently serves on a range of charitable trust boards). He brings essential skillsets and a deeply important perspective to local decision-making.

The team's priorities reflect what residents have been asking for: stronger sediment control to protect waterways, better public transport, safer neighbourhoods, improved accessibility at our beaches, and continued investment in our town centres and green spaces. They are excited to hit the ground running as a hard-working team who are all focused on the goal of ensuring that the East Coast Bays continues to be the best place in the world for families to grow and thrive.



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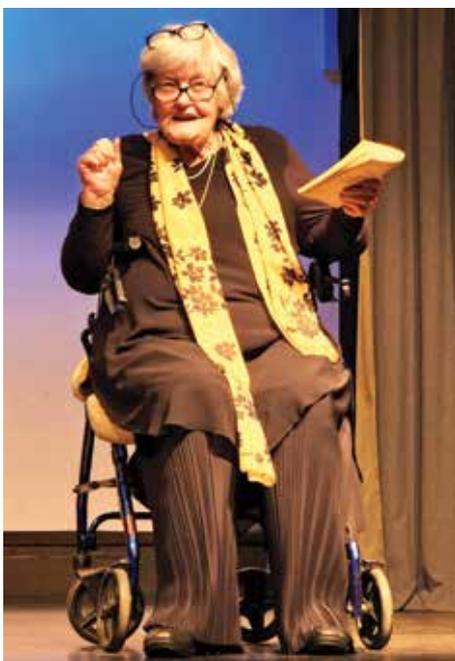


## Vale Jill Reid

At Torbay Theatre we have lost our “Lord High Interferer” – Jill took on this *Mikado*-based moniker in the last ten years or so: when she no longer wanted to be in sole charge of a big show, she offered herself as an extra pair of eyes, sitting beside the director, noticing details, making gentle suggestions, always warm and encouraging, present at almost every rehearsal.

She has been one of our most valued and most professional members since she arrived in 2004. Jill lived in the theatre her whole life: she saw Sir Lawrence Olivier and many other stars on-stage in Blackpool as a child, trained at the London Academy of Music and Dramatic Arts, then taught English and Theatre Studies at Blackpool Collegiate, her own High School. She moved to Singapore when she married her Airforce husband, Douglas – of course joining the local theatre group - and later to Torbay. Wherever she lived she acted and directed: she had a special love of Shakespeare, and she made everything fun. At Torbay Theatre she was on-stage, and directing - *Blithe Spirit* and *Ladies in Retirement*, as well as co-directing, being an active committee member, and at one stage, bailing the club out financially.

Club Night wasn't Club Night without one of her monologues from Joyce Grenfell or Victoria Wood (No,



don't do that Sidney, it isn't nice!), and for years she was co-director and/or prompt for our July School-holiday children's plays. I was privileged to co-direct *The Great Piratical Treasure Hunt* with her in 2023, and she was a joy to work with, her wealth of knowledge and personal culture palpable, her joy in life and real interest in every person she met standing out. We had a tradition of accepting all children who turned up to the audition – it was usually about a dozen – but when 35 turned up that year, Jill couldn't bear to turn any away, so we had a very full cast and lots of work for Wardrobe!!

Jill wrote her own eulogy – “Story of my Life” – telling the tale of a happy, well-

lived life, with humour and energy, full of theatre everywhere she went, and ending her funeral with Joyce Grenfell and Norman Widsom's comic song “*Narcissus: The Laughing Song*” – what an ending! Theatrical right to the end.

Torbay Theatre is not the same without you Jill, but it continues to flourish in part because of your input, for which many thanks.

**For more details, or to join:**  
[www.torbaytheatre.com](http://www.torbaytheatre.com)  
**See also: Facebook/Insta, or**  
**ph 0210-294-0630**  
**35 Watea Rd, Torbay**

# Running Out of Summers? Not If You Skip Winters

As the year draws to a close, we'd like to take a moment to thank our wonderful clients and community for your continued support and trust in Shore Travel. It's been an incredible year helping so many of you plan unforgettable adventures.

Looking ahead, we're already dreaming of 2026 and beyond. With global travel now back in full swing, it's worth remembering that popular cruises and tours often book out one to two years in advance, especially with the strong demand from U.S. travellers who plan well ahead. So, if your bucket list includes a Mediterranean voyage, a luxury rail journey, or a small-group adventure through Africa or Asia, now is the perfect time to start planning.



At Shore Travel, we love nothing more than turning your travel dreams into reality. Whether it's crafting a tailor-made itinerary filled with unique, off-the-beaten-path moments or matching you with the perfect cruise, we take pride in creating seamless, memorable journeys designed just for you.

Our team's own travel experiences this year have been just as inspiring. Mary explored the Greek Islands and Southern Italy with Regent Seven Seas, then embarked on a luxury African safari with Adventure World. Anne-Marie enjoyed a Viking Ocean Cruise from Barcelona to Rome before discovering the wonders of Turkey with Innovative Travel. Renee adventured through Africa with Viva Expeditions, cruised up the Danube with

Avalon, and joined a Backroads tour in Portugal. Collette indulged her passions with a tailor-made art and cuisine journey through France. Karen and her family soaked up the warmth of Samoa, while Rinku travelled through India with loved ones. Sylvia cruised to Australia with Princess and explored Eastern Europe with family, and Dave combined his love of travel and sport, journeying through Europe and attending the Singapore Formula 1. Travel keeps us inspired, connected, and full of life, and we can't wait to share that energy with you in 2026. Because when you skip winter, you're never really running out of summers.

Let's plan your next adventure – together.



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# Rotary Browns Bay

If you were at the Long Bay Market on Labour Weekend, you might have noticed Rotary Browns Bay's bbq tent and trailer. It was our first outing in Long Bay, and one we hope to repeat. Thanks to the generosity of your community, we raised \$400 for our 'End Polio Now' campaign, which is our main focus in October/November.

Rotary International's main goal is to rid the world of this debilitating disease. 'Polio' means very little to the younger generation, as it has been many years since it was present in New Zealand, but I have clear memories of class mates in the 50s and 60s wearing callipers and being off school for months at a time.

Polio has recently appeared in Gaza; it is an opportunist disease that thrives in unsanitary conditions and where society has broken down. Our intrepid vaccinators in Afghanistan, Pakistan and Nigeria continue to immunise children in difficult circumstances; many of these heroes have lost their lives in the process.

The Bill and Melinda Gates Foundation has recently committed to continue their partnership with Rotary to continue the fight; for every dollar that we raise for polio eradication, they contribute \$2. Our efforts at the Long Bay Market saw \$1200 go into the program.

Rotary is much more than polio eradication; we support many local community organisations and charities by



organising fundraisers, making donations and giving our time. Browns Bay Rotary is a group of thirty people with a variety of backgrounds who love working together to improve the lives of other people and we love introducing new members into our club.

Does this sound like something you'd be interested in? Derek Smith is our membership coordinator; phone him on 021 486 217 for more details. Or come along to one of our breakfast meetings, 1st and 3rd Tuesdays of the month at 7am at the Bays Club in Browns Bay, starting up again in February.



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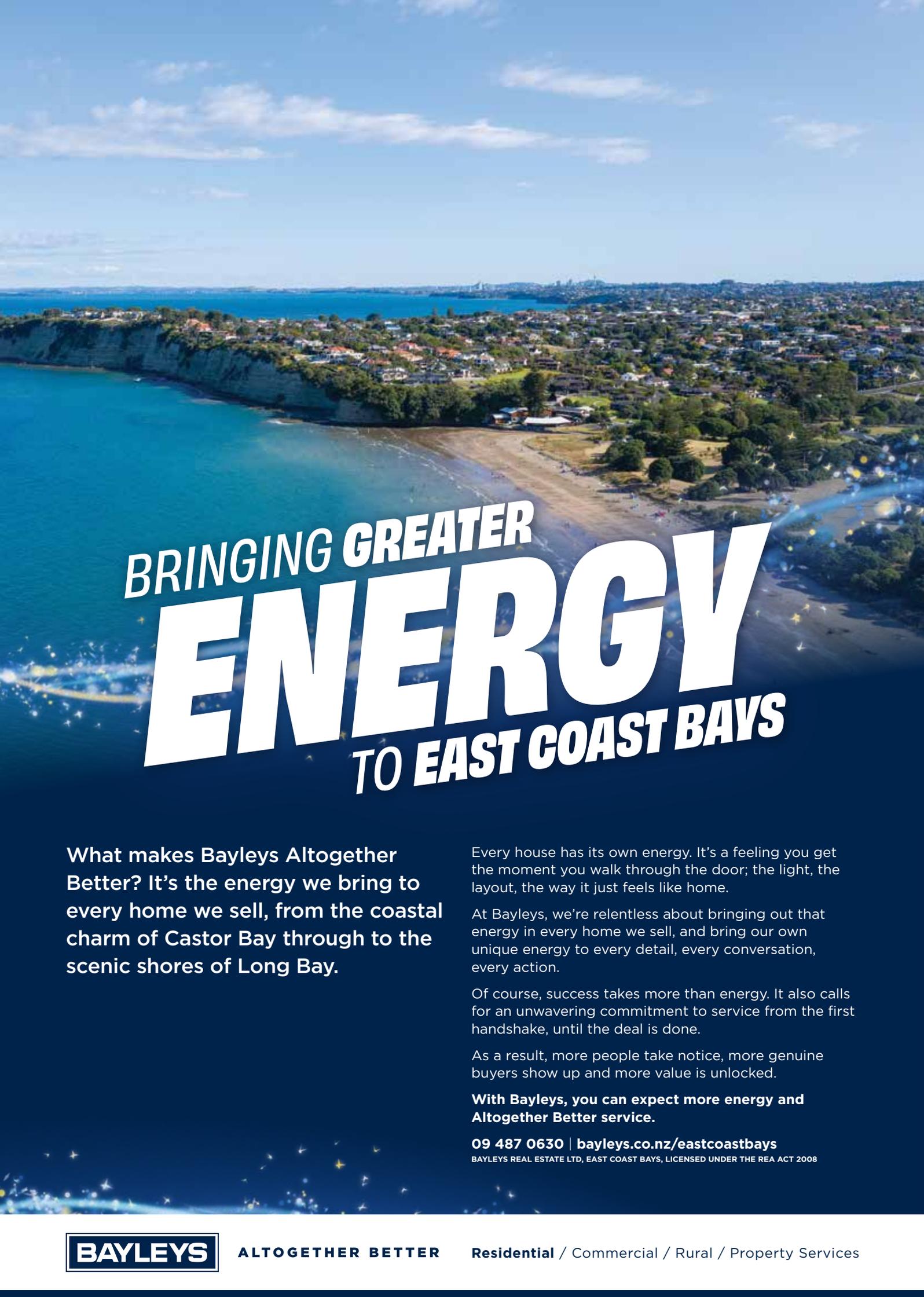
# Monthly Quiz

Answers Page 46

[info@rotarybrownsbay.org](mailto:info@rotarybrownsbay.org)



1. Which Christmas ballet premiered in 1892
2. What is the name of the last ghost that visits Scrooge in *A Christmas Carol*
3. What gift did the Little Drummer Boy give to the newborn Christ
4. What holiday movie sequel includes a cameo by Donald Trump
5. What is the famous French Christmas dessert known as 'Bûche de Noël' in English
6. Which Roman festival, celebrated in December, is considered a precursor to Christmas
7. Which historical figure initiated the tradition of eating turkey at Christmas
8. What is the name of the traditional Italian cake eaten at Christmas
9. Where was the the first Christian Christmas service held in New Zealand in 1814
10. Cyclone Tracy virtually destroyed Darwin, Australia on Christmas Eve in what year



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# Exciting news for Fox Dance Studios and Step Beyond Studios!

There is lots to celebrate in our local dance community!

Fox Dance Studios and Step Beyond Studios have officially become sister studios, joining together in April this year under the direction of Sam Gibson.

Since then, both studios have been working hand in hand to support dancers and their families across our community.

Looking ahead, they will soon be unveiling a brand new logo, web site and social media platforms, creating a unified identity that reflects the shared vision and spirit. The sister studios will continue to offer the same wonderful teachers, high standards and friendly environment that the dancers know and love- now with even more choices and opportunities.



## Stay well this Christmas - naturally

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As we move into a fabulous 2026, dancers can look forward to new classes, an expanded timetable and even more chances to shine brightly. Both studios are passionate about creating a fun, supportive and community focused space where every dancer can thrive. It's an exciting new chapter- and the best is yet to come!



Merry  
Christmas  
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# ERICA'S EDITORIAL

## Hon. Erica Stanford

MP for East Coast Bays  
Minister of Education  
Minister of Immigration

### Merry & Bright

I'm writing this early November knowing it's for the Focus Christmas Edition and it feels so far away. I haven't started my Christmas shopping yet, and the House doesn't rise until 17 December so it's hard to be thinking about Christmas!

However, in saying that, I am looking forward to having some time off. And more importantly, I'm looking forward to hanging with my family. It often feels like my husband, kids and I are 'ships in the night', so it'll be lovely to be under the same roof for a few weeks.

I've loved serving our community and advocating for those who need it. From assisting people to get support from ACC, to helping a cancer survivor get dental treatment, it's all been really rewarding.

A big project this year was getting Emergency Housing stopped at a hotel in Albany. Those being placed there were causing massive issues for businesses, residents and nearby schools. The only option was to advocate for its closure as the location was never appropriate.



I'm pleased that everyone living there is now relocated to more permanent housing, locals feel safer, and schools no longer have issues with people on school grounds.

#### ELECTORATE OFFICE CLOSURE

The office will be closed over Christmas and New Year. The last day will be Thursday 18 December, and my team will return Monday 12 January.

My electorate office staff, Kelly and Cindy, asked that I pass on their thanks to you all for trusting them to help, and do what they can for our amazing community.

As 2025 comes to a close, I wish you very special Christmas and New Year celebrations with family and friends.

Season's Greeting to you all,

*Erica*



@ ecboffice@parliament.govt.nz

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1/8 Beach Front Lane, Browns Bay



# A Poem on the Long Bay Journey

Don Gwilliam was brought up in Avondale but often visited Long Bay as a Sunday outing, in the late 1940's – as a child. He has written a poem about the trip by tram to the wharf, crossing to Devonport by the ferry 'Pupuke', then by bus to Long Bay, returning the same way later in the afternoon. We have printed here the verse about the time spent at Long Bay.

On this broad beach facilities are minimal.  
Change where you spread the rug  
Scamper the hot sand.  
Gasping cold at the first wave.  
Wee in the sea.  
Called back for lunch  
Sister's job, the teapot; mine the pennies  
To the hot water kiosk,  
And a carefully shared carry back  
For sandwiches and cake.  
But no swimming after eating.  
The family walks, talks, learns, burns  
Before the water cool. Sea cool  
Rug shaken and folded, packed,  
My reddened back, clothed, rubs sore..



The black and white photo shows the bus depot at the South end of Long Bay.

Photos show some more recent Christmases at Torbay.

We hope that you will enjoy the Christmas Season visiting Torbay and Long Bay

Sunday 7th. December afternoon, we will be having a Christmas open day for members and public.

You must contact us for catering if you wish to come.

We now open the Vaughan Homestead every Saturday 2-4pm till Easter. Please check with our website or phone us to confirm. As usual you can contact us if you want to visit at other times.

Remember you can hire the Homestead for small groups by contacting us. Check out our website



President – Bill Ellis Secretary: Barbara Ellis - 473 6482 Email: thsinc22@gmail.com Website: torbayhistoricalsociety.n8.nz

As always, it has been a pleasure working with our community this year.

**Wishing you a wonderful holiday season!**



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# Make Christmas Spending Stress-Free with MTF Finance Albany

As the year winds down and we roll into the festive season, it's easy to get swept up in gifting, gatherings and holiday getaways. It's also when little costs turn into big ones.

At MTF Finance Albany, we want the season to be about connection, not financial worry. A touch of planning now can help you start 2026 in control.

## 1. Plan the season, not the day

Write a simple December–January budget that includes gifts, food, travel and back-to-school. Prioritise the moments that matter most and trim the rest. A realistic plan beats a perfect one you never use.

## 2. Skip “buy now, worry later”

Short-term deals can turn into long-term headaches. Before you tap, ask: will this still feel worth it in January? Avoid stacking multiple repayment plans... small weekly amounts add up faster than you think.

## 3. Tidy existing debt before summer

If you're juggling credit cards, store cards or small loans, consider consolidating into one structured personal loan. One repayment, a clear end date, and often lower interest can free up cash flow when you need it most. Our team can run the numbers with you.

## 4. Set simple goals for 2026

Decide on one or two money moves for the new year: upgrade the family car, clear a balance, or invest in your business. Put a date on it, set an amount, and choose a repayment you can stick to. Small, consistent steps beat big New Year promises.

## 5. Talk to a local human

You won't get an 0800 maze with us. You'll speak with Will, Ashleigh, Olivia or Lisa, North Shore locals who understand real life and aim to find a responsible way forward. Whether it's a vehicle, personal or business loan, we'll keep it transparent and fast, with service that feels personal.



This summer, enjoy the celebrations and start next year on the front foot. If you'd like a no-pressure chat, we're here to help.

**MTF Finance Albany** – helping our community move forward with confidence, all year round.

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## Happy Holidays!

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# Annual Rose Show

Eagerly awaited, our October garden trip took us first to Addenbrooke Garden in Bombay. The morning was showery, but we appreciated the beautiful layout of this special garden. Stunning rhododendrons, foxgloves and other late spring flowers were plentiful. A large nursery stocked many rarer plants, and a gift shop sold unique garden-themed treasures.

After a welcome stop at the Red Shed Palazzo for a delicious finger-food lunch, we strolled through their garden admiring the beautiful wisteria before carrying on to Terry Hatch's 'Joy Plants'. Terry's son Lyndsey gave us a brief history of the nursery before directing us to various parts of the garden. Barrow loads of purchases were made of plants not available at city garden centres and fortunately, our coach had a large luggage compartment to house our plants!

Our November meeting featured our annual Rose Show, a wonderful visual and sensory delight with the first blooms of the season gracing our exhibit tables. We were fortunate to have Di Duncan and Jannene Alexander from the Auckland Rose Society judge our blooms. The judges said the calibre of our blooms was improving year on year.

Our trading table was overflowing with bargain plants and beautiful bunches of alstroemeria and 1litre bottles of worm tea, donated by a Torbay gardener who makes his own. Some of this is still available; if you would like to buy, please email [torbaygardenclub@gmail.com](mailto:torbaygardenclub@gmail.com). Worm tea provides benefits to gardens by acting as an organic, nutrient rich liquid supplement that enhances soil health, boosts plant growth and helps naturally repel pests and diseases.

Our garden club year ends at our December meeting with a relaxed shared lunch. If you would like to join us and take advantage of all the club offers, please visit our website [torbaygardenclub.co.nz](http://torbaygardenclub.co.nz).



## In the garden in December

Early potatoes such as Rocket and Swift are ready to harvest 70-90 days after planting – don't wait for them to flower as many don't. Rust, a fungus disease that shows as orange or brown spots on foliage is prevalent on mint, gladioli, silverbeet, spinach and roses. Spores spread rapidly, so spray with Nature's way Fungus Spray. Feed all fruiting plants with liquid or granular fertiliser, water thoroughly and mulch bare soil to reduce moisture loss.

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# Exciting Christmas recipes

## Black Forest Trifle

This gives a different twist to the usual trifle that we associate with Christmas.

They are simple to make.

### Ingredients

Shop bought chocolate sponge.  
(New World sells these in their bakery department just as sponges, no filling)

2 Blackberry jellies.

1 punnet cherries.

1 packet of custard

500ml cream

2 tablespoons brandy.

1 bar black forest chocolate.

### Method

Stir boiling water into the jellies, add the brandy and then pour over the sponge which has been broken up into a bowl.

Remove stones from cherries and chop over the sponge.

Melt the bar of chocolate and use ½ to stir into the custard to make chocolate custard and spoon over top.

Whip the cream and add the other half of the melted chocolate to make chocolate cream.

Spoon over custard and then add the other cherries on the top.

Simple and delicious!



## Chocolate truffles

These are quick and easy to make, lovely to serve after a meal or even give away as gifts.

### Ingredients

285g dark chocolate melts (chocolate chips, or chocolate block coarsely chopped.)

30g butter.

125ml cream full fat.

desiccated coconut, cocoa powder, crushed peanuts, sprinkles, icing sugar for coatings.



### Instructions

Place chocolate, cream and butter in a microwave proof bowl. Microwave on high for 4 x 30 second bursts, stirring in between.

Cover bowl with a plate and stand for 5 minutes, then stir until chocolate is melted and smooth.

Place the bowl in the refrigerator for 6 hours. At the same time chill a tray to put completed truffles on.

Place coatings in a small bowl or plate.

Remove mixture from fridge. The chocolate mixture should be firm – softer than cold butter but harder than peanut butter.

Scoop up a tablespoon of mixture and roll into a ball as quickly as possible. Place on chilled plate. Repeat with remaining chocolate mixture.

Once all balls are rolled, roll in coatings. Serve at room temperature.

## Refreshing Juice Drink

Easy to make and the perfect accompaniment for any festive meal.

### Ingredients

2 cups cranberry and pomegranate juice

1 tbsp caster sugar

½ cup orange liqueur

750ml bottle sparkling white wine, chilled

8 cups ice cubes

1 small orange, cut into 8 thin slices

Fresh mint leaves, to serve

### Method

Place juice and sugar in a small saucepan over medium heat. Cook, stirring, for 2 to 3 minutes or until sugar has dissolved. Set aside to cool completely.

Combine juice mixture, liqueur and sparkling wine in a large jug. Divide ice cubes and orange slices among 8 x 470ml-capacity glasses. Pour juice mixture into glasses. Top with mint. Serve.



## Quick and easy pavlova wreath

Christmas can be a busy time and you want great looking food but don't have the time to do complicated recipes.

This recipe is so easy as it uses store bought pavlovas and you can then use any fruit that is at hand.

### Ingredients

2 packs store bought small pavlovas.  
200 ml cream  
12 mint leaves  
1 punnet of strawberries.



### Method

Whip the cream until it stands in stiff peaks.

Hull and wash the strawberries.

Arrange the nests in a circle on a cake board.

Place dollops of cream over the pavlovas. Arrange the strawberries and the mint leaves.

Eat and enjoy!

Although strawberries have been used here you can use any fruit, small chocolate bars or nuts to create your own pavlova wreath.

## Delia Smith's mincemeat

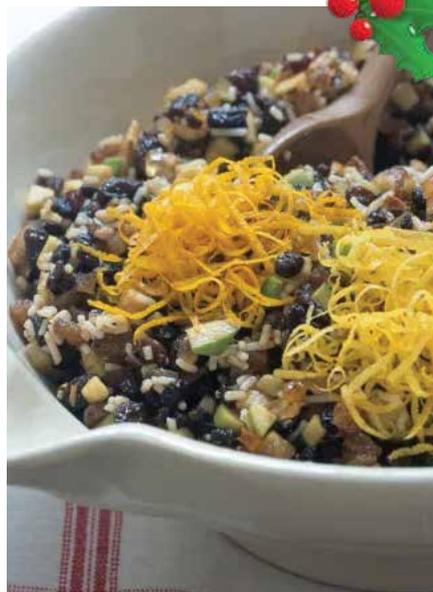
I have always used this recipe and once you have made it you will never go back to shop bought again.

### Ingredients - makes 6 x1 lb jars of mincemeat.

450 g cooking apples, cored and chopped small (no need to peel them)  
50 g whole almonds, cut into slivers  
4 level teaspoons mixed ground spice  
½ level teaspoon ground cinnamon  
¼ level teaspoon freshly grated nutmeg  
6 tablespoons brandy  
225 g shredded suet  
350 g raisins  
225 g sultanas  
225 g currants  
225 g candied peel, finely chopped  
350 g soft dark brown sugar  
grated zest and juice 2 oranges

### Method

All you do is combine all the ingredients, except for the brandy, in a large mixing bowl. Stir well. Cover the bowl with a cloth and leave the mixture in a cool place overnight or for 12 hours, so the flavours have a chance to mingle and develop. After that pre-heat the oven to 120°C. Cover the bowl



with foil and place it in the oven for 3 hours. Remove from the oven. It will look swimming in fat. This is how it should look.

As it cools, stir it from time to time. When the mincemeat is quite cold, stir in the brandy. Pack in sterilised jars (see below). When filled seal. Best eaten within a year of making.

**NOTE:** To sterilise jars, wash the jars and lids in warm soapy water, rinse well, then dry thoroughly with a clean tea cloth, place them on a baking tray and pop into a medium oven, gas mark 4, 350°F, 180°C, for 5 minutes.

## Mince pies

In a rush? Then use ready made pastry- always good to keep some in the freezer.

Defrost and roll out thinly. Using a cutter cut two sizes of circles, one for the base of the mince pie and one for the top.

Place larger circle in patty tin and fill with mincemeat. Wet around the edges of smaller circle and press firmly onto the base.

Brush with egg and milk and cook on 180°C for 20 minutes.

When cool dust with icing sugar- delicious served warm.



# Warmer ocean currents bring fascinating visitors to our shores and opportunities with MERC

Lion's mane and crimson jellyfish are native and regular in our waters and washed up on our beaches.

Lion's mane jellyfish are one of largest known species of jellyfish. Living up to 12 months, they can grow to a diameter of 50cm-1m, with tentacles stretching several meters long! During warmer months, one of their favourite snacks (zooplankton) move closer to shore – and the lion's



manes follow. Because they are passive swimmers, onshore conditions can carry them right up to our beaches.

You may have noticed jellyfish with tiny red dots floating around - these are Crimson jellyfish. Only able to sting things smaller than themselves, they are harmless to humans. They are omnivores like us, meaning they feed both on animals and plants if they are small enough to eat,

such as fish eggs and zooplankton.

If you would like to learn more about the amazing creatures, we share our oceans with, MERC is the place to be! This summer season we have five different school holiday options. We've also been funded to deliver "Out and About Auckland" events for everyone. Visit our website for more details. [MERC.org.nz](http://MERC.org.nz)

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**Emma Boad**  
Partner



**Brett Abraham**  
Partner



**Nola McGowan**  
Consultant



**Natasha Allen**  
Senior Associate



**Shenali Lewke-Bandara**  
Associate



**Karleen Robertson**  
Senior Legal Executive

Call our Albany office on 09 9856900 to arrange a confidential appointment or visit [denhambramwell.co.nz](http://denhambramwell.co.nz) to learn more.

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# U3A hear about tornadoes

Fascinated from childhood by observing and photographing extreme weather, Peter Wharton, a retired business consultant, now takes annual tours to Tornado Alley. He told U3A Browns Bay about his passion on Tuesday November 4th at our Open Meeting. He has personally witnessed 120 tornadoes since 2002 and assures us that although this activity is becoming safer with the advance of technology [such as radar], personal judgement and experience is essential in taking part safely.



Peter Wharton

We noted in one of his photographs a cracked car windscreen caused by a huge hail stone like the one in the picture.

Sheltering under a motorway bridge is not advisable if caught out by a tornado. You may be suffocated by the dust and



debris that the twister picks up as it moves along. Check out his web site at [stormgroupchasers.com](http://stormgroupchasers.com) which outlines the storm chasing experience, including a link to storm chasing photographs going back to 2005.

A supercell thunderstorm hovers over Texas. Just above the flat plain it rotates furiously, containing cloud, thunder and lightning, rain and hail.

It is a terrifying sight as many people do not realise only 2% of storms are supercells.

However, a supercell is where tornadoes are born creating the devastation which we have often see on our T.V. screens. "Tornado Alley" in the United States is the best place in the world to observe this phenomenon but they can also occur in Australia. Square kilometres of flat land and a ready water supply make these locations ideal. Only 2% of supercells become tornadoes but one supercell can produce multiple tornadoes.



Having 20 years experience of selling real estate in all markets, Alison has a winning knowledge to get the best results.

Call me if you would like to know what your house is worth in this market.

*Wishing you a happy Christmas and all the best for 2026!*

**Alison Cameron** m: 021 468 562

[alison.cameron@harcourts.co.nz](mailto:alison.cameron@harcourts.co.nz)

**Harcourts** Cooper & Co



# Summer, Stories and Celebration at East Coast Bays Library

The festive season has arrived, a time to celebrate, reflect and enjoy the simple pleasures of summer. Whether you are spending days at the beach, catching up with whānau or getting lost in a great read, East Coast Bays Library is the perfect place to connect, unwind and be inspired this December.

## New opening hours

Monday, Tuesday, Wednesday and Friday: 9:00 am – 5:30 pm  
Thursday: 9:00 am – 7:00 pm  
Saturday and Sunday: 9:00 am – 5:00 pm

## Our new Opening Hours:

Mon, Tue, Wed & Fri: 9.00 am to 5.30 pm  
Thu: 9.00 am to 7.00 pm  
Sat & Sun: 9.00 am to 5.00 pm

We are joining the holiday spirit at the **Browns Bay Christmas Parade on Saturday 6 December, 4:30–6:00 pm**. Look out for the **Mobile Library** rolling along in the parade and give us a wave as we join the Bay's favorite festive tradition.

Also from **Saturday**

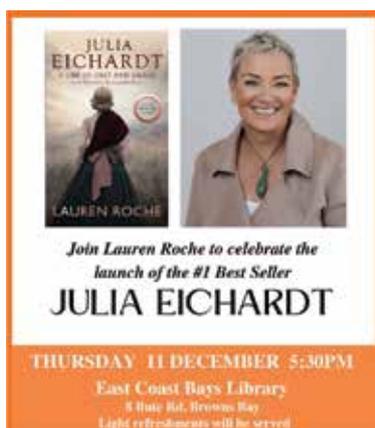
**6 December**, you can register for **Raumati Reads**, the free summer reading challenge



that keeps tamariki reading and exploring stories all summer long. With fun activities, events and prizes across Tāmaki Makaurau, it is a great way to stay connected to the joy of reading through the holidays. Register and find details at [aucklandlibraries.govt.nz](http://aucklandlibraries.govt.nz). The challenge runs through to **Sunday 1 February**.

On **Thursday 11 December, 5:30–6:30 pm**, join us for the **book launch of Lauren Roche's Julia Eichardt**.

Inspired by a true story, is a novel of a woman who rose from humble beginnings to become the celebrated hostess of Eichardt's Hotel during Queenstown's gold rush days. Light refreshments will be served, and everyone is welcome.



For a mindful pause amid the holiday bustle, **From the Himalayas to You on Friday 13 December, 10:00 am–12:00 pm**, offers meditation, yoga and sound healing with Jot Ramdass Singh. Spaces are limited, so please register at [humanitix.com](http://humanitix.com).

Gather friends for our **"Quiz Night" on Thursday 18 December, 5:30–6:30 pm**, for an evening of friendly competition and laughter. Book your spot and make or join a

team on the night. Please register each person attending at [humanitix.com](http://humanitix.com)

## Festive fun for tamariki

Make your own Christmas decorations:

**Sunday 7 December, 2:00–3:00 pm**

Christmas Storytime

Special: **Sunday 14**

**December, 2:00–3:00 pm**

Gift Tag Workshop: **Sunday 21 December, 2:00–3:00 pm**

Regular programming takes a break for 2 weeks from 20<sup>th</sup> December. Children's programming resumes from 9 February.

We look forward to new programmes for 2026 - **Sunflower Social Art Club** and **Crazy Quilters** who will meet at East Coast Bays Library while the Heart of the Bays Centre is closed.

From all of us at East Coast Bays Library, we wish our community a joyful and safe Christmas and New Year, filled with sunshine, stories and good cheer. Mere Kirihimete!



Long Bay

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**Thrilled to have made 70 local families' property dreams come true this year!**

**As 2025 draws to a close, we want to take a moment to express our heartfelt gratitude to all our clients. This holiday season, we wish you a very Merry Christmas filled with joy, laughter, and cherished moments with your loved ones.**

**As we look ahead to 2026, may it bring you good health, happiness, and prosperity in all your endeavours. Thank you for being a part of our journey.**

**We'll once again be making a donation to the De Paul house in Northcote instead of sending Christmas cards. We are proud to support the work they do for local families in need.**

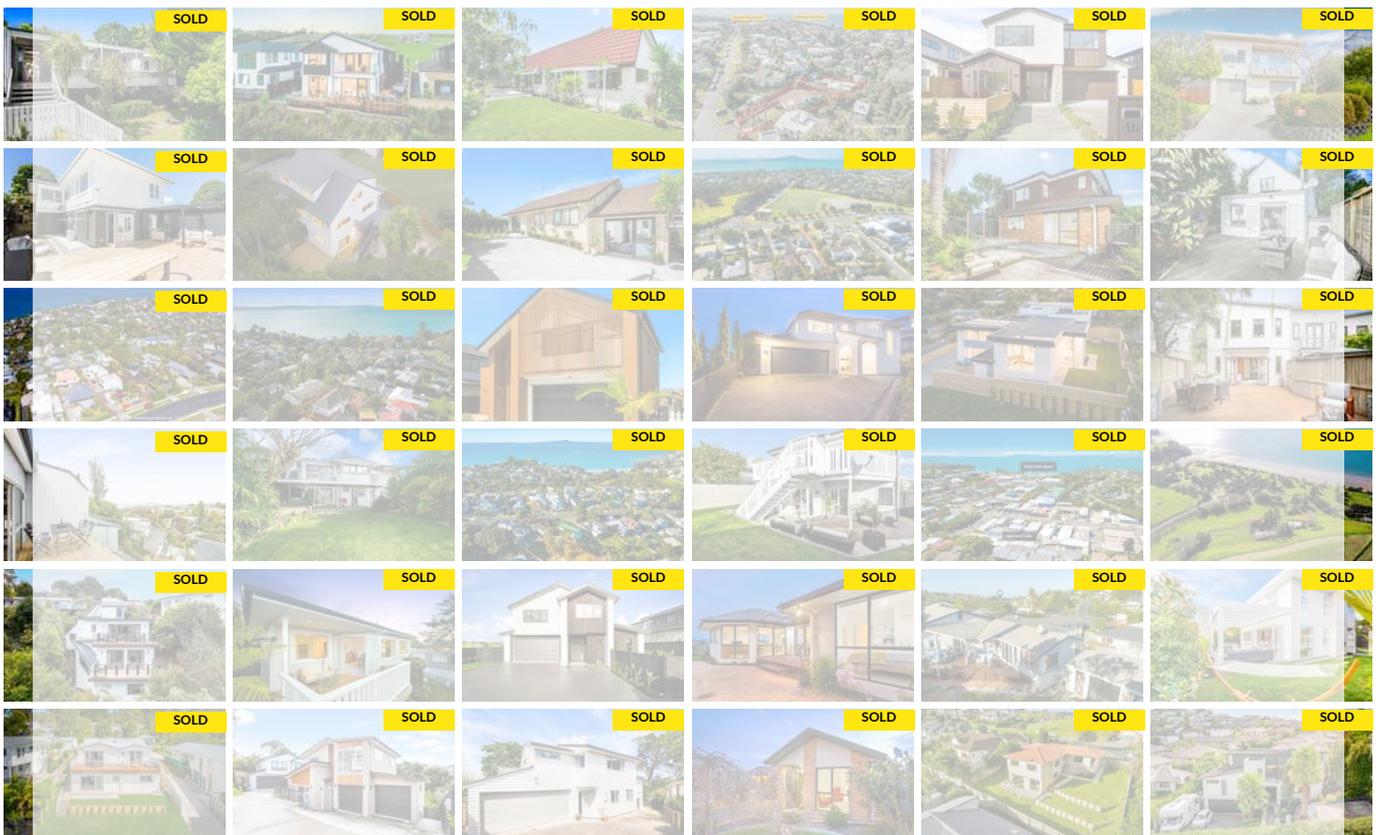
**We look forward to welcoming you to our new office. We'll be spreading the sunshine in Mairangi Bay in 2026!**

**Thérèse Leslie 021 022 66192 | Jiang Kou 021 087 93257 | Leigh Storey 022 685 7041**





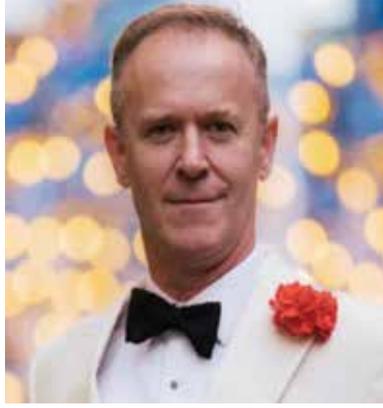
**Proudly helping more  
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Bays since 2015.**



# Christmas@ Holy Trinity

Come celebrate the musical ensemble of the North Shore Brass Band performing your Christmas favourites in the Holy Trinity Cathedral on Saturday 6 December 2025.

This will be a night to remember with maestro Harmen Vanhoorne and joined by the well-known crooner and Newstalk ZB host Tim Beveridge.



North Shore Brass, will play an array of music from shows, musicals and of course all your favourite Christmas carols. Tim will bring swagger and swing and is sure to belt out tunes from his many albums.

This exciting array of musical delights will get you in a festive mood and bring out your Christmas spirit. Refreshments available pre-concert and at half-time in the Bishop Monteith Visitors Centre- it will be a Christmas celebration like no other.

Christmas @ Holy Trinity

Saturday 6 December 7.30 – 9.30pm

Door sales available but bookings recommended



Book at <https://www.eventfinda.co.nz/2024/christmas-holy-trinity/auckland/parnell>

Adults \$35, Seniors \$30, Students \$15 and Family \$80 (2A, 2C)

## North Shore Beat Team Boosts Community Safety in the Bays

We're excited to share some positive changes that will strengthen policing across the North Shore and enhance safety in our local bays area.

The introduction of the North Shore Beat Team means our Browns Bay Community Team can dedicate more time to proactive patrols and engagement within our community. This shift allows us to focus on what matters most, keeping our beaches, parks, and town centres safe and welcoming for everyone.

To improve coverage during peak times, we've moved to a mixture of early and late shifts. This means you'll see our officers more often at the beach and around popular spots, especially during busy summer days and evenings.

Our goal is simple: to be visible, approachable, and ready to prevent issues before they occur.

As we head into the warmer months, we encourage everyone to enjoy the beach safely. Here are a few prevention tips:

- **Secure your belongings:** Don't leave valuables unattended on the sand or in your car.
- **Swim between the flags:** Always follow lifeguard advice and keep an eye on children near the water.
- **Respect others:** Alcohol and antisocial behaviour can quickly spoil a great day out—let's look after each other.
- **Report concerns early:** If something doesn't feel right, call 105 or 111 in an emergency.

Together, we can make The Bays a safe and enjoyable place for everyone.

If you see us out and about, come say hello, we're here to help.

Have a great and safe Christmas

*Sgt Chris Lindsay*





# Merry CHRISTMAS

AND HAPPY NEW YEAR



WE LOVE  
OUR COMMUNITY



Community Art Comp



Info Night



Cultural Festival



Cleaning up Long Bay



Mother's Day  
BestStart Kindy



Art Competition  
Long Bay College



Harcourts Awards



Movie Night



Coffee & Cone



Prize Giving



November Cafe Library



Easter Art Comp



Local Library



Cooper & Co Awards



Pink Ribbon

Thank you for your trust and support throughout this year, we love being part of your story.



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# Get summer fishing ready: Five tips for a safe, stress-free trip

Nothing says summer in Auckland like a day out on the Hauraki Gulf. But after a winter of less boating, it pays to do a bit of prep before you hit the ramp. Here are five practical tips to keep your day smooth and safe.

## 1. Give your trailer some love

If your boat trailer's been sitting idle through winter, check it thoroughly. Look for rust, test the lights, and make sure the wheel bearings are greased. A quick check now can save you from a roadside headache later. Don't forget the tie-down straps – sun and salt can weaken them over time.

## 2. Watch the weather and tides

Conditions on the Gulf can change fast. Check the marine forecast and tide times before you leave. Apps like MetService Marine or Windy are great for real-time updates. Calm seas make for safer boating and better fishing, so don't push it if the forecast looks rough.

## 3. Prep for picnicking and swimming

Fishing is just part of the summer on-water fun. A great day out can be made even better if you prepare to anchor



Photo Zak Judge

# Tides December 2025 (Murrays Bay)

	LOW		HIGH		LOW		HIGH		LOW	
Mon 01			03:54	2.6m	10:14	0.7m	16:24	2.8m	22:45	0.5m
Tue 02			04:57	2.7m	11:15	0.6m	17:22	2.8m	23:43	0.4m
Wed 03			05:59	2.8m	12:13	0.5m	18:20	2.9m		
Thu 04	00:40	0.3m	06:58	3.0m	13:09	0.4m	19:17	3.0m		
Fri 05	01:36	0.2m	07:54	3.1m	14:04	0.3m	20:14	3.1m		
Sat 06	02:30	0.1m	08:47	3.2m	14:58	0.3m	21:10	3.1m		
Sun 07	03:22	0.1m	09:39	3.3m	15:52	0.3m	22:05	3.1m		
Mon 08	04:13	0.1m	10:31	3.2m	16:47	0.3m	22:58	3.0m		
Tue 09	05:04	0.2m	11:23	3.2m	17:42	0.4m	23:51	3.0m		
Wed 10	05:55	0.3m	12:15	3.1m	18:36	0.5m				
Thu 11			00:43	2.8m	06:47	0.5m	13:08	2.9m	19:31	0.6m
Fri 12			01:35	2.7m	07:42	0.6m	14:01	2.8m	20:25	0.6m
Sat 13			02:30	2.6m	08:40	0.7m	14:54	2.7m	21:18	0.7m
Sun 14			03:26	2.6m	09:39	0.8m	15:47	2.6m	22:12	0.7m
Mon 15			04:24	2.5m	10:37	0.9m	16:38	2.6m	23:04	0.8m
Tue 16			05:21	2.5m	11:30	0.9m	17:29	2.5m	23:55	0.7m
Wed 17			06:14	2.6m	12:20	0.9m	18:19	2.5m		
Thu 18	00:43	0.7m	07:02	2.6m	13:05	0.8m	19:06	2.5m		
Fri 19	01:28	0.7m	07:47	2.7m	13:48	0.8m	19:52	2.6m		
Sat 20	02:10	0.6m	08:28	2.7m	14:30	0.8m	20:35	2.6m		
Sun 21	02:49	0.6m	09:07	2.8m	15:11	0.7m	21:17	2.6m		
Mon 22	03:27	0.6m	09:46	2.8m	15:51	0.7m	21:58	2.7m		
Tue 23	04:05	0.5m	10:24	2.9m	16:33	0.7m	22:38	2.7m		
Wed 24	04:43	0.5m	11:04	2.9m	17:15	0.6m	23:18	2.7m		
Thu 25	05:23	0.5m	11:45	2.9m	17:58	0.6m				
Fri 26			00:00	2.7m	06:05	0.6m	12:28	2.8m	18:43	0.6m
Sat 27			00:44	2.7m	06:51	0.6m	13:14	2.8m	19:30	0.6m
Sun 28			01:32	2.7m	07:42	0.7m	14:03	2.8m	20:20	0.6m
Mon 29			02:25	2.7m	08:40	0.7m	14:56	2.8m	21:15	0.5m
Tue 30			03:25	2.7m	09:43	0.7m	15:53	2.8m	22:14	0.5m
Wed 31			04:30	2.7m	10:47	0.7m	16:53	2.8m	23:16	0.5m

Times adjusted for Daylight Saving.

up in a calm bay. Add a picnic lunch and swim and the whole family will be happy.

## 4. Safety first

Lif jackets aren't optional, so make sure everyone has one that fits. Carry a working VHF radio or a charged mobile in a waterproof case. Tell someone your plans before you head out. Sunscreen and a basic first-aid kit should also be on board.



## 5. Respect the rules

Snapper must be at least 30 cm, and the daily limit is seven per person. These rules protect fish stocks for future generations. There are also updated fishing boundaries, so check the latest on the MPI website before you go – ignorance can cost you a hefty fine.

Lastly, make sure you're a member of the Mairangi Bay Fishing Club – and share your big catches with the MBFC Facebook community page.

[www.mairangibayfishingclub.co.nz](http://www.mairangibayfishingclub.co.nz)

# CAB Browns Bay on the Move!

For more than 51 years, Citizens Advice Bureau Browns Bay has been proud to provide free, confidential, and independent services to our local community from the Browns Bay Community Centre on Glen Road.

Due to the upcoming refurbishment of the Community Centre, we will be temporarily relocating to continue delivering the same high-quality service from our temporary premises at 1-5 Clyde Road, Browns Bay.

Our current office will close on 15 December 2025.

During this period, you can still reach CAB for support by calling our national number 0800 367 222.

We will resume our full range of services – including legal clinics and budgeting advice – from 5 January 2026 at the new location.

Our contact details remain the same:

Phone: 09 479 2222

Email: [brownsbay@cab.org.nz](mailto:brownsbay@cab.org.nz)

Open: Monday to Friday, 9:00 a.m. – 3:00 p.m.

The CAB Browns Bay team looks forward to welcoming you to our new location in the new year!

# WE ARE MOVING

To 1-5 Clyde Road, Browns Bay  
from 5<sup>th</sup> January 2026



## Let's Talk



09 479 2222

Citizens Advice Bureau  
North Shore Inc

## Red Tent East

## Coast Bays

Proudly associated with *Red Tent Aotearoa*  
Connect · Create · Community



## Boundaries and Intuitive Guidance

You are invited to sit in sacred circle. Evolve with Olivia will be sharing her gift of intuition.

### Red Tent East Coast Bays

Sunday 7.12.25, 1.30-4.30pm

Rothsay Room, Heart of the Bays

2 Glen Road, Browns Bay

Fiona Tate 0226739638

[fionatatefacilitator@gmail.com](mailto:fionatatefacilitator@gmail.com)

<https://events.humanitix.com/red-tent-intuitive-guidance>

The Red Tent is a place for women to connect, pause and remember. We want to build authentic connections and offer you a chance to pause, reflect and reconnect.



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## Details matter

Analie Swanepoel

Tel: 09 479 1095 · 021 290 0449

Email: [analie@kingdomfs.co.nz](mailto:analie@kingdomfs.co.nz)

Rinette Swanepoel

Tel: 021 0260 3544

Email: [rinette@kingdomfs.co.nz](mailto:rinette@kingdomfs.co.nz)

[www.kingdomfs.co.nz](http://www.kingdomfs.co.nz)



## Christmas and holiday services

**Sunday 21 Dec 10am**

Service @LBBC, 282 Glenvar Road  
AND

Long Bay Regional Park

**Christmas eve 11:30pm**

Candlelight service

**Christmas day 9:30am**

Family celebration

**Sunday 28 Dec 10am**

**Sunday 4 January 10am**

Online and in person services  
throughout the Summer 10am



## Christmas Eve 5:30 pm

All Age Service including pizza and making a  
Christingle. RSVP 021 137 8624  
dion@stmary.co.nz

## Christmas Eve 9:00 pm

Carols by Candlelight with holy communion

## Christmas Day 9am

All Age Service with holy communion



Navigating the waves  
of life together  
168 Deep Creek Road, Torbay  
www.stmary.co.nz | (09) 473 8180



# Trinity @ Waiake Christmas Services

**Sunday 7 December**

10.00am – Advent 2 “Peace”

5.00pm – Combined Churches Concert

**Sunday 14 December**

10.00am – Advent 3 - New Christmas Music “Joy”

**Sunday 21 December**

10.00am Christmas Family Service “Love”

**Christmas Day**

9.00am - A brief Family Service with carols and a  
Nativity Play

Services continue at  
10.00am each Sunday  
through the holiday  
period

**East Coast Bays**

**Methodist Parish**

864 Beach Rd, Waiake.  
Minister: Rev Andrew Gamman  
Ph 478 5107



# Discover Skin Confidence with Dr. Scarlett Pulham at Waiake Medical



We are delighted to introduce Dr. Scarlett Pulham MRNZCGP, MNZSCM, an experienced GP expanding her focus to offer specialised cosmetic medical services right here in your community.

## Trust in Expertise: Dr. Pulham and the NZSCM Difference

Dr. Scarlett Pulham's commitment is simple: safe, ethical, and evidence-based cosmetic care. As a member of the New Zealand Society of Cosmetic Medicine, she upholds the highest national benchmarks for training, ethical practice, and patient safety.

## Specialised Services Offered:

### Minimally-Invasive Cosmetic Lesion Removal with Surgitron

Concerned about a raised mole, skin tag, or other benign skin lesion? Dr. Pulham offers removal using the advanced Surgitron radio frequency device. This "sutureless surgery" technique uses high-frequency radio waves to precisely 'shave' off lesions with minimal damage to surrounding tissue. This can result in a good cosmetic outcome with a reduced risk of scarring. Recovery times vary and will be discussed during your consultation.

### Botulinum Toxin for Hyperhidrosis (Excessive Sweating)

Beyond aesthetics, Botulinum Toxin injections are a highly effective medical treatment for managing excessive underarm sweating (hyperhidrosis). Dr. Pulham can help you manage this condition, offering a significant improvement to your comfort and quality of life.

### Botulinum Toxin for Wrinkles (Anti-Wrinkle Injections)

For those looking to reduce the visible signs of ageing, Dr. Pulham provides customised Botulinum Toxin treatments. Focusing on natural-looking results, these injections can help relax the muscles responsible for dynamic wrinkles, such as frown lines and crow's feet, creating a refreshed appearance.

### Profilo as a Skin Booster

Give your skin a deep hydration and remodelling boost with Profilo. This cutting-edge injectable treatment uses one of the highest concentrations of hyaluronic acid on the market to encourage the skin's own regenerative processes. It works beneath the skin to improve hydration, firmness, and overall skin quality, targeting skin laxity on the face and neck for a rejuvenated glow.

### Ready to Take the Next Step?

A thorough initial assessment is the most important part of any cosmetic treatment plan. **Book a 30-minute consultation with Dr. Scarlett Pulham.**



[contact@waiakemedical.co.nz](mailto:contact@waiakemedical.co.nz)  
[www.waiakemedical.co.nz](http://www.waiakemedical.co.nz)  
(09) 478 7660

1 Hebron Road  
Waiake  
North Shore City

Open Mon-Fri  
8.30am - 5.00pm

Botulinum toxin injections are prescription medicines for the treatment of frown lines, horizontal forehead lines and crow's feet around the eyes. Botulinum toxin injections have risks and benefits. Ask your doctor if botulinum toxin injections are right for you. For further information ask your doctor or go to [www.medsafe.govt.nz](http://www.medsafe.govt.nz).

Profilo® Medical Device Class III. For the redefinition and laxity remodelling where skin laxity is a problem. Profilo has risks and benefits. Contains low & high molecular weight hyaluronic acid (64mg/2ml). Ask your doctor if Profilo is right for you. For product information check with your doctor or from product details with the Distributor Healthcare Logistics, Auckland.

# Christmas @ UK Grocer

## What Christmas is all about



Gifts



Confectionery



Tea and Biscuits



Biscuits



Sauces and Gravies

**Coming soon.....**  
**Walnut whips**  
**Bendick's bittermints**  
**Reids Scottish shortbread**  
**Beech's chocolates**  
**Haribo tubes**  
**Tunnock's snowballs**  
**Tunnock's tea cakes**  
**Selection boxes**  
**Advent calendars**



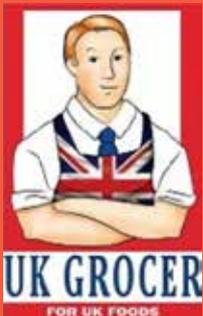
Bottles and Jars



Sauces, Chutneys & Pickles



Christmas Desserts



**UK Grocer**  
Open Tues - Sat 10 - 4

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Browns Bay  
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# Summer Cheer at Albany Village Library

December is here, bringing sunshine, celebrations, and a few changes at Albany Village Library!

Our library will be closed from **1-7 December** while new carpet is installed. We'll reopen on **Monday 8 December**, refreshed and ready to welcome you back. We apologise for any inconvenience and thank you for your understanding while this important work takes place.

During the closure, you won't be able to collect your holds from the library. Don't worry, your holds will be automatically extended and ready for you when we reopen. The

returns slot will also be closed, but you can return books to any other Auckland Libraries branch or simply hold on to them until we're back. There are no late fees for overdue items, so you won't be fined for returning books after their due date.

On **Saturday 6 December**, join us at the Albany Community Hub Christmas Market Day from **11:00 am to 3:00 pm** at **575 Albany Highway**. We'll be there with the mobile library, rolling through the day with festive stories and Christmas-themed crafting for tamariki. This much-loved community event brings together stalls, music, food, and plenty of holiday cheer. Come along, say hello to the team, and soak up the spirit of the season.

Don't forget to sign up for Raumati

Reads, Auckland Libraries' free summer reading challenge for tamariki. Registrations open **Saturday 6 December**. Visit [aucklandlibraries.govt.nz](http://aucklandlibraries.govt.nz) or pop into your local library to find out more.

From all of us at Albany Village Library, we wish you and your whānau a safe, joyful and peaceful Christmas. Meri Kirihimete and a New Year full of laughter, light and great stories. May your holidays sparkle with festive moments, shared laughter and time spent with loved ones. We hope your days are filled with sunshine, the pleasure of a good book, and the warmth of your community around you. Here's to a season of stories, creativity and happiness for all.

**Library Closed 1-7 December**

Albany Village Library will be closed for one week from 1 December for carpet replacement work and will re-open on 8 December.

We apologise for any inconvenience and thank you for your understanding.



**Catherine Liu & Team** ☎ 021 0200 6788

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✉ [catherine.liu@raywhite.com](mailto:catherine.liu@raywhite.com)

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# Want to win a \$50 voucher?

Barfoot and Thompson, in Torbay, are sponsoring a children's colouring in competition.

Simply colour in the picture and carefully tear out of magazine.

Please write your name, age and contact details in the blank spot and take into Barfoot and Thompson in Torbay.

There are 4 \$50 vouchers to be won.

Name \_\_\_\_\_

Age \_\_\_\_\_

Phone \_\_\_\_\_



# Finding Peace this Holiday Season at Yoga Sanctuary

As another wonderful year draws to a close, we at Yoga Sanctuary would like to extend our heartfelt gratitude to our beautiful community. Your continued support, warmth, and dedication have made 2025 another year of growth, connection, and mindful movement. We're endlessly inspired by the energy you bring to the studio and the way you make Yoga Sanctuary the peaceful haven it's meant to be.

The holiday season can be a whirlwind, and we invite you to take time for yourself, to pause, breathe, and reconnect. Our doors will remain open throughout the holidays, with a slightly adjusted timetable offering a range of classes to suit every level and intention.

For those seeking calm and deep rest, our Yin and Restorative Yoga classes are perfect for releasing tension and recharging the nervous system. If you're looking to build strength and stability, Vinyasa Flow offers a dynamic, breath-led practice to energize body and mind, while Functional Flow focuses on movement quality, mobility, and everyday strength. Our Pilates Mat classes are an excellent complement to your yoga practice, helping to tone, strengthen the core, and support posture.

Whether you're completely new to yoga or have been practicing for years, you'll find a class that meets you where



you are. Over the holiday period, our studio remains a calm retreat, a place to find stillness amid the season's busy rhythm, to reset for the year ahead, and to nurture body, mind, and spirit.

From all of us at Yoga Sanctuary, we wish you a joyful, peaceful holiday season surrounded by loved ones, and we look forward to moving, breathing, and growing with you in 2026.

Visit [www.yogasanctuary.co.nz](http://www.yogasanctuary.co.nz) for our holiday timetable and class bookings.



## Yoga Sanctuary

### Yoga Sanctuary Intro Offers:

Sign up to receive our newsletters and get your first class FREE.

New members: 3 classes for \$30\* or  
One month unlimited classes \$100

sign up: [www.yogasanctuary.co.nz](http://www.yogasanctuary.co.nz)  
ph/txt: 021 110 3399, email: [hello@yogasanctuary.co.nz](mailto:hello@yogasanctuary.co.nz)  
Studio: First Floor, 1 Montrose Terrace, Mairangi Bay



# Torbay & Long Bay Medical Centres

## CARING FOR YOUR WELLBEING THIS FESTIVE SEASON

f follow us on  
facebook

Ask us about  
Manage My Health



As the Christmas lights begin to twinkle and the year draws to a close, many of us look forward to time with loved ones, festive meals, and a well-earned rest. But for others, this season can bring its own challenges – from the pressures of preparation to the emotional weight of reflection. At Torbay Medical Centre, we'd like to share a few gentle reminders to help you look after both your physical and mental health this holiday season.

### 1. Rest and recharge

The festive period often feels like a whirlwind of activity – shopping, cooking, entertaining, and socialising. Remember, it's okay to slow down. Adequate rest helps your immune system stay strong and your mood stay balanced. Try to maintain a regular sleep routine, even with the excitement of the holidays.

### 2. Eat, drink, and be mindful

Christmas is a time to enjoy good food, but moderation can make a big difference. Try balancing indulgent meals with lighter options and stay hydrated – water helps with energy and digestion, especially if you're enjoying festive drinks. Small, mindful choices can help you feel better throughout the season.

### 3. Look after your mental health

For some, this time of year can be lonely or stressful. Financial pressures, grief, or high expectations can weigh heavily. Reach out to someone you trust if you're struggling – a friend, family member, or one of our team at the practice. Even a brief chat can make a big difference. Remember, you're not alone, and support is always available.

### 4. Step outside

Fresh air and gentle movement are wonderful for body and mind. Whether it's a coastal walk around Torbay, a stroll through town, or a few minutes in your garden, getting outside can lift your spirits and reduce stress.

### 5. Look ahead with kindness

As we move into the New Year, try setting realistic, positive goals. Instead of grand resolutions, focus on small, achievable steps toward better health and happiness – whether that's eating more vegetables, taking up a hobby, or simply being kinder to yourself. From all of us at Torbay Medical Centre, we wish our community a peaceful Christmas and a healthy, hopeful start to 2026. Take care of yourself – and each other.

Talk to your GP or contact our Health Improvement Practitioner

**Torbay Medical Centre**

1042 Beach Road, Torbay, 0630  
09 477 9000

**Long Bay Medical Centre**

55a Glenvar Ridge Rd, Long Bay  
09 473 0063

# Making giving blood and plasma easier!

On the 3 November the new Blood Centre opened on Constellation Drive.

The actual location is behind Farro, where the ASB used to be, so easy to find. There will be plenty of parking for donors in front of the centre and of course everything will be lovely and new. Anyone who comes in will be made to feel very welcome.

The later opening hours should make it easier to book in at a time convenient to you.

## Opening hours will be;

Monday	12pm - 7pm
Tuesday	2pm - 7pm
Wednesday	12pm - 7pm
Thursday	10.30am - 5.30pm
Friday	7.30am - 2.30pm

The blood and the plasma donations are really needed to support those who need blood after accidents or surgery or for those suffering from blood cancer, the most common being lymphoma, leukemia and myeloma.

nzblood.co.nz will give you an app or you can book in on 0800 448 325.

Your donation could save someone's life.



## BTG THE BODY TONIC GROUP SMALL GROUP CLASSES

COMMITMENT | CONSISTENCY | CONNECTION OF MIND-TO-BODY  
FOCUS ON YOUR HEALTH & WELLNESS!

Be shown corrective techniques. Build up at a pace suited to your needs!

Enjoy low impact exercises = positive results!

Relaxed environment. All ages and levels.



- ▶ Work with free body weight, toning balls, sticks, the barre, hand weights, balance boards, yoga blocks, Swiss Balls, resistance bands, light balls, steps, kettle bell, Bosu ball.
- ▶ Improve balance, flexibility, posture and range of motion.
- ▶ Release tight muscles; find solutions to reduce pain trigger points.
- ▶ Address musculoskeletal imbalances
- ▶ Get stronger, lose CM's, become more toned and fit.

*Lynne is certified - The Biomechanics Method Corrective Exercise Specialist.*

**Lynne Scott - 0212043280**

Movement Specialist & Fitness Trainer

(Reps. Registered)

Pelvic Floor & Core Certified

Sports Advanced & Remedial Massage Certified

Author

[lscott@thebodytonicgroup.com](mailto:lscott@thebodytonicgroup.com)

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# Quizzes

sponsored by

Answers Page 38



**SPACE**

C O S M O S D H T E K C O R Z  
 L S Z Y W E R N S R A M N B N  
 H I C N B E V C O M E T G U P  
 X X O R T E T I B R O A R L S  
 T O I I N Y V G S L L E A A L  
 M S P U I R J F O A E N T A E  
 X U S N R U Y G X N E U O S A  
 J L A U N C H Y T T R O N T R  
 H U I L T R S R S N J Y E R T  
 U V A D I E Y U C E L A B O H  
 P L U T O M O O N E P T U N E  
 M Q Y R O E T E M A K U L A O  
 U E T I L L E T A S R V A U F  
 Z E A S T E R O I D A U R T C  
 T E L E S C O P E M S R A T S

- |         |          |           |           |
|---------|----------|-----------|-----------|
| VENUS   | ORBIT    | MARS      | TELESCOPE |
| SUN     | ASTEROID | PLANETS   | DEBRIS    |
| MOON    | URANUS   | PLUTO     | REENTRY   |
| STARS   | SATURN   | JUPITER   | LAUNCH    |
| EARTH   | COMET    | ASTRONAUT | COSMOS    |
| NEPTUNE | GALAXY   | SATELLITE | NEBULA    |
| METEOR  | ROCKET   | MERCURY   |           |

**WORD PUZZLE** How many words of 3 or more letters can you make from the following letters?

**DERALEX**

30 good, 35 very good, 40+ excellent

---

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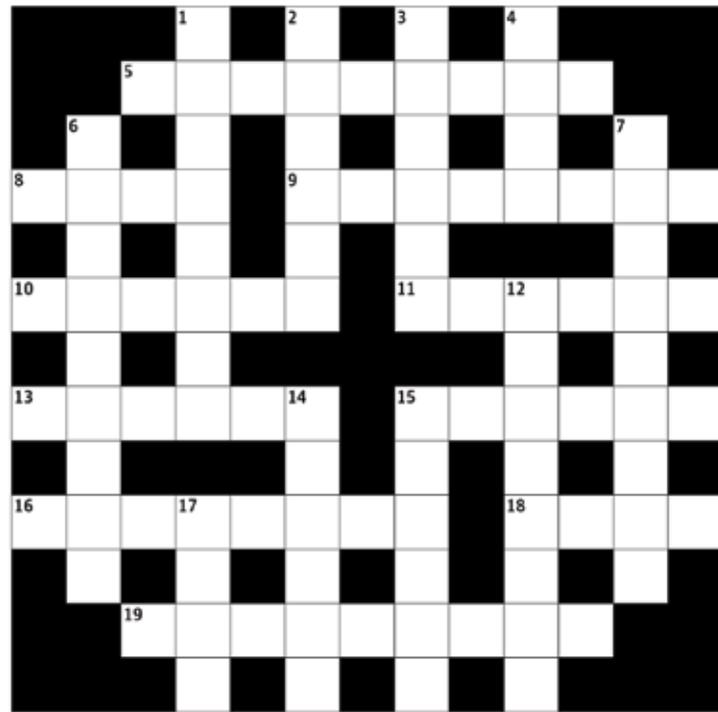
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**CROSSWORD**



**Across**

- 5 Pay some now, the rest later (2,7)
- 8 Smooth or sharpen (a blade) (4)
- 9 Highly alert or energetic person (4,4)
- 10 Nineteenth century South African politician (6)
- 11 Slang term for a young urban professional (6)
- 13 Pictures (6)
- 15 Pop music tables (6)
- 16 With a pleasant smell (8)
- 18 True statement (4)
- 19 Involve oneself unhelpfully (9)

**Down**

- 1 Weaker of two competitors (8)
- 2 Censures severely or angrily (6)
- 3 Deliver to a particular place (6)
- 4 Have information in your mind (4)
- 6 Second-year undergraduate (9)
- 7 Agreement to stop fighting a war (9)
- 12 A raised, horizontal surface (8)
- 14 Having a particular form (6)
- 15 Final date (e.g. for job application) (3,3)
- 17 Criminal group(4)

**SUDOKU**

	6			5				4
		4				8		3
	1	7			3			
				2			4	
		5		1		6		
	8			6				
			7			2	5	
7		1				3		
6				8				1

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PROPERTY MANAGEMENT

# Christmas word search

## Find the words about Christmas

Hidden inside this puzzle are 30 words about Christmas. Answers on pg 45

F A T H E R C H R I S T M A S G V S V Q A P J K Y T M T F  
 C N L K U S L F F U A L S F A C B M T F U Y E A M W V A P  
 N G U L K H U K L S D S U S N S S U F D S M A N G E R F A  
 E E U T H S F W I S H L I S T D F H D S U D H A S N X P T  
 D L P C L T S H S L D S S D A H S N O E L K D D S T W P A  
 J S T H U F T L H L H F D F G D U K F U S H A S D Y N F D  
 U T W R A P P I N G P A P E R F D F D S A S K A A F D T A  
 S U T I P H L K L K J H K H O D F U H S D U F D K I F D E  
 E T P S J L S T A B L E J U T H F D D B F D S D U F A P D  
 C A A T K H J K T A K L A K T L C A R O L S A R P T D T F  
 T S T M L C E L E B R A T I O N R L Y X L P U P R H P A E  
 V Z R A Z H Y A T A T S F U S Z L R S I U L R L P R F D T  
 X S A S Y U L Z Y U J T K Y T R L M I N C E P I E S E T E  
 W R A C U R J B A B Y J E S U S T Z S G U P L X A C D E G  
 C A S A J C U Z S L J S Y A T J R P U D A L T L P X Y F A  
 L R Y K S H S R L E R U R P R S E T L A L X P T B T B E P  
 R Y A E U S A T Y S U P A R P F I G G Y P U D D I N G P W  
 B C P A J E S J P A T J L P R H N S I L H Y L X B T F W S  
 V U U T U R K E Y U T X J X L R D L F J X L H T L F U E W  
 M S Y A S V S X J A H F Y H U S E R T J H J T H E Y E F U  
 S T O C K I N G S X U E J G G H E X S R A T Y J R U P U I  
 O A G X F C S T Z S Y L A Z S J R T J G H R H A E I F E P  
 D R I B G E A X A T U V Y T X U Z U G S R Z F G A E G F H  
 S D P Y J S T R E A M E R S R A R S R A F G F S D A F E A  
 P T K T K S S G Y I I S T T R H W A G U X U S H I S P X S  
 G G N R L D A D U K L Y G A E D S Z M H Z G G U N S S P X  
 H X O S E V N M G I F F E R X P K L A S S W I T G C B F P  
 B F J O S E P H Q B Y T C O P P C H R I S T M A S D M K E  
 E P C H W A R B W P L A N T E D V W Y W U U L U S T N P F  
 Z B P A Q X W T R G O A W D V Y N M W L P F M O P T F F P

CHRISTMAS  
 NOEL  
 ANGELS  
 BAUBLES  
 CAROLS  
 MINCE PIES  
 GIFTS  
 WRAPPING PAPER

TURKEY  
 FATHER CHRISTMAS  
 REINDEER  
 ELVES  
 STAR  
 STOCKINGS  
 SANTA GROTTO  
 TWENTYFIFTH

BOXING DAY  
 STREAMERS  
 CHURCH SERVICES  
 CELEBTATION  
 BABY JESUS  
 BIBLE READINGS  
 MANGER  
 MARY

JOSEPH  
 STABLE  
 WISH LIST  
 CHRISTMAS CAKE  
 FIGGY PUDDING  
 CUSTARD

**FREE EVENT**

**5 - 7 DECEMBER  
8:30 - 10:30PM**



*Christmas  
in Lights*

826a East Coast Road  
Northcross Christmas Drive Through



# LBRA AGM Highlights

Chair Gareth gave thanks to everyone who joined them at the Long Bay Residents' Association Annual General Meeting on Wednesday 15th October. What an amazing turnout with 70+ active attendees and awesome ideas during our collaborative group activities on our theme of "Connecting a Community". We heard updates and inspiring insights from special guests:

- Alexis Poppelbaum (Hibiscus & Bays Local Board) provided info on the go ahead for Glenvar/East Coast Road upgrade and challenges related to the Vaughans Road improvements cancellation. Alexis also provided information about a focus on Vaughans Stream water quality, and more!
- Simon Fox (Community Constable) provided stats indicating Long Bay has low crime rates, dropping year on year, making Long Bay a safe community. Reiteration that reporting any incidents is key to getting an accurate picture and is necessary for their response.
- Catherine Liu (Long Bay Chinese Association) gave an overview of the breadth of activities run by their 700+ member organisation. Long Bay residents are welcome to join any activity that sparks your interest.
- Mike Lewis (Deputy Principal, Long Bay College) who announced a legacy project to install an amazing international FIH standard hockey turf on the land adjacent to Long Bay Primary. Work commencing summer 2025/2026, plus the refurbishment of the much-loved "nostalgic" O Block commencing in April 2026.

A shout-out to our volunteers, board members (formally



signing on Maeva, Sam, Ivy), and our fantastic community partners that help make Long Bay thrive.

Celebrating community wins: Predator traps installed, restoration and clean-up initiatives run, new constitution adopted, and support for exciting projects such as upcoming Awaruaika Youth Park. Our survey showed a strong focus for the regional park and environment, and excellent ideas and feedback.

Congratulations to our survey winners – Octavia (best volunteer response), Rick and Ayden (random draw)! Enjoy your New World Long Bay gift cards!

Connection, future events, new partnerships, and positive change – that's the Long Bay spirit. Thanks to Long Bay College for hosting, New World Long Bay for sponsoring refreshments and Keerti Siag Photography for the amazing photos!

Full AGM details are available at [www.longbay.nz/agm-2025](http://www.longbay.nz/agm-2025). Let's keep growing and connecting in Long Bay!

## LONG BAY COMMUNITY CLEAN UP

Lets work together to keep Long Bay  
looking beautiful!

**Saturday**  
**13<sup>th</sup> December**  
**9.30am**

Meet in the Long Bay  
Village Square  
by New World

Make **A**  
DIFFERENCE



Join / Donate at  
[www.longbay.nz](http://www.longbay.nz)

# Separation, New Beginnings, And Legal Documents That Matter.

*Sam and Anna had been together for a couple of years. Anna was pregnant with their first child, which they were both excited about. Sam also had two young children from his previous marriage. His separation had been messy, with lots of fighting over who had the children, and a lengthy property settlement, which required Sam to apply to the Court to resolve matters.*

Now that was behind them, Sam and Anna were looking forward to spending more time with Sam's children and preparing for the arrival of their first baby together.

Using the proceeds from his matrimonial settlement, Sam had purchased a home which he and Anna were now living in. Anna had some money saved and she was looking at using that to buy into the property and help reduce the mortgage. They were also going to do a contracting out agreement at the same time to recognise Sam's greater contribution to the purchase of the property, as well as the value of the shares in his business.

However, biking home from work one evening, Sam hit a pothole on the road, was thrown over the handlebars, where he landed on his head, knocking him unconscious. His head injury was severe, and the recovery time was unknown. The doctors said that they would keep Sam in an induced coma to allow the swelling to come down and to give his brain

and body time to heal. They warned Anna that when he did come out of the coma it might take a long time before he would be able to regain full functionality.

The doctors asked Anna if Sam had enduring powers of attorney in place. Anna wasn't sure but knew that was one of the things that she and Sam were going to sort when they went to the lawyers regarding her buying into the family home. A very distraught Anna rang the lawyers to find out. It turned out that while Sam had changed his will after he separated from his wife, his enduring powers of attorney had never been updated, and his ex-wife was still his attorney.

Anna didn't know what to do. The implication was that Sam's ex-wife was now able to appoint herself as a director of the company. Anna also felt very vulnerable as it also meant that Sam's ex-wife had decision making powers in relation to the family home. She also had access to all of Sam's bank accounts. The powers of attorney had stated that she was able to benefit herself from Sam's funds as they had been done when they were still married. This left Anna in a very precarious position.

Having enduring powers of attorney in place is incredibly important. Even if you have them, it is important to review them at regular intervals to ensure your wishes are carried out exactly as you intend. Especially if you have changes in your circumstances - in particular after a separation or death of a partner.



**TAMMY MCLEOD (BALLB)**  
Managing Director, Davenports Law  
Trust and asset structuring specialist,  
leading the Trust Team.



CRAFTED LEGAL ADVICE FOR PEACE OF MIND.

# Do You Have An *Enduring Power Of Attorney?*

The protection of assets that we have all worked so hard to acquire is an important consideration for most people.

If you have a will, but not assigned anyone to act as your Enduring Power of Attorney, you could inadvertently be putting your assets at risk.

An Enduring Power of Attorney will look after both your property and personal care and welfare should you become incapacitated to make your own decisions while you're still alive.

If you have not put in place an Enduring Power of Attorney, contact our Trusts and Wealth Protection Team for specialist advice.

# Torbay Friendship Club

Having recently returned from an exciting trip to South Africa, I realise how blessed I am to be part of the vibrant Torbay Friendship Club. Welcomed back by friendly members, it felt like I hadn't missed a day.

The Torbay Friendship Club has had some remarkable speakers over the last couple of months. John Clark gave an interesting talk on his time as a trooper in the Mounted Squadron of the "Lifeguards Regiment, Household Cavalry". The basic training covered training as a guardsman soldier, learning how to march and handle firearms, learning to ride and care for his horse and eventually becoming a regular trooper, wearing full regalia while taking part in the daily 24 hour guard at Whitehall. He also took part in Trooping of the colour each year.

We also had the privilege of two renowned New Zealand actors, Michael Hallows and Francis Mountjoy, with over 50 years experience between them in film, television, theatre come.

They gave us behind the curtain look into the pros and cons of becoming an actor and the hard work that goes into such a profession. They gave everyone a chance to participate, as a group, in the fun of acting.

Michael and Francis are in the process of starting up a business focusing on the older community where they will encourage people to enjoy life and let the always present child come into focus by playing acting games. They claim that no one is too old to have fun and participate.



We visited the Howick Historical Village for our October excursion where we had a Devonshire tea served to us at Bell House, which was a Captain Smith's Homestead.

Our Christmas lunch will be held at Mc Hugh's in Devonport with the beautiful surrounds of the sea.

The last meeting of the year will be on 13 December at the Torbay Community Hall at 10am, do come along and join us for an interesting morning.

We will recommence in February 2026. If you would like to find out more about our Club, please contact Liz Yeats on 0274754423.

Wishing you all a Merry Christmas and Happy Holiday.

## Christmas posting dates

	Economy	Courier	Express
New Zealand	Thursday 18 December	Monday 22 December	-
Australia	Wednesday 10 December	Monday 15 December	Wednesday 17 December
United States	Monday 8 December	Monday 15 December	Wednesday 17 December
South Pacific	Friday 5 December	Friday 12 December	Monday 15 December
Asia, Canada, Europe, UK	Monday 1 December	Monday 8 December	Friday 12 December
Rest of the world	Monday 24 November	Friday 5 December	Wednesday 10 December

Delivery outside major cities, including to and from rural or remote areas will take longer, particularly South Australia, Western Australia, Northern Territories, Tasmania and North Queensland. Delivery to and from rural locations within New Zealand may take up to an additional 3 working days. Cut-off dates are targets only. Sending before the cut-off dates gives you the best chance of getting your item where it needs to be for Christmas. These dates are correct as of 13 October 2025, but may change due to unforeseen service impacts.



# Give the gift of hope this Christmas



## Salvation Army Christmas Drive

Each year we collect Christmas Gifts for people in need to support the Salvation Army's Christmas drive. You can help by donating new gifts (unwrapped) at our collection area in Harcourts Takapuna (128 Hurstmere Road, Takapuna); Harcourts Browns Bay (15 Anzac Road, Browns Bay); or Albany Bays Corps (90 Rosedale Road, Albany).

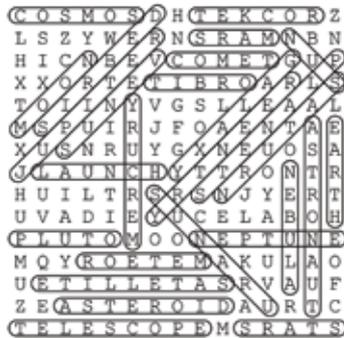
027 473 2468 | [wanly.tsang@harcourts.co.nz](mailto:wanly.tsang@harcourts.co.nz) | [wanly.co.nz](http://wanly.co.nz)

**Harcourts Cooper & Co**

Harcourts Cooper and Co Real Estate Ltd MREINZ Licensed Agent REAA 2008

**Wanly Tsang & Team**

## Puzzle Answers



9	6	3	2	5	8	1	7	4
5	2	4	1	7	6	8	9	3
8	1	7	4	9	3	5	6	2
3	7	6	8	2	5	9	4	1
2	4	5	9	1	7	6	3	8
1	8	9	3	6	4	7	2	5
4	9	8	7	3	1	2	5	6
7	5	1	6	4	2	3	8	9
6	3	2	5	8	9	4	1	7

### Word Puzzle

alder, are, axe, axed, axel, axle, axled, dale, dare, deal, dealer, dear, deer, ear, eared, earl, eel, eld, elder, era, lad, lade, lard, lax, laxer, lea, lead, leader, led, lee, leer, rad, read, real, red, reed, reel, relax, relaxed, rex

### Quiz Answers

- The Nutcracker
- The Ghost of Christmas Yet To Come
- He played a song for him on his drum
- Home Alone 2
- Yule Log
- Saturnalia
- King Henry VIII.
- Panettone
- Oihi Bay, Bay of Islands
- 1974

## Sir Peter Blake Regatta

2 day Youth Yacht Event

Saturday 6th and Sunday 7th December 2025

Held at Waiake Beach (road closures apply)

More information [www.torbaysailingclub.conz](http://www.torbaysailingclub.conz)





# Merry Christmas

From Wanly & Team

## Merry Christmas & Happy New Year from all of us at Wanly & Team!

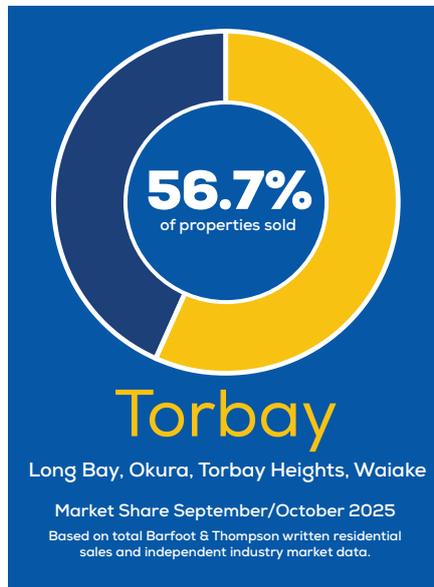
We hope this season gives you time to relax, recharge, and enjoy special moments with friends and family. Our team will be available over the holidays if you need a hand or have any property-related questions. It's been such a pleasure supporting our community this year. Thank you for your trust, kindness, and encouragement — we can't wait to see what the new year brings!

027 473 2468 | [wanly.tsang@harcourts.co.nz](mailto:wanly.tsang@harcourts.co.nz) | [wanly.co.nz](http://wanly.co.nz)

**Harcourts** Cooper & Co

Harcourts Cooper and Co Real Estate Ltd MREINZ Licensed Agent REAA 2008

 **Wanly Tsang  
& Team**



# Let us help you get ready to sell this **Winter**

## Long Bay Branch



Betty Gao  
022 383 0408



Bailey He  
021 866 696



Tiki Jiang  
021 775 217



Damon Li  
021 077 9509



Eva Li  
021 051 3590



Yang Lin  
021 0873 3492



Mayur Nimje  
022 364 5005



Ray Qu  
021 190 0881



Vivian Wang  
021 284 8168

## Torbay Branch



Michele Bensley  
021 270 7410



Chelsea Chen  
021 087 87168



Karin de Leeuw  
027 270 2700



Kyra Perwick  
027 311 7953



Wendy Radcliffe  
021 772 070

## Torbay/Long Bay Property Management



Andrea Tavae  
022 476 7273



Craig Zhu  
021 800 280



Jody Hetaraka  
027 809 6687



Dorean Posimani  
027 431 9696

## Torbay/Long Bay Branch Manager



Tony Cederwall  
027 546 6377

Torbay 09 473 9190

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